



WEEK 1 CAMDEN AUTUMN WINTER MENU 2026/27



MAIN MEALS		MENU KEY:				
VEG & SALAD	Option One	Planet Friendly Day Lentil and Roasted Vegetable Wholemeal Pasta (VE) 	World Explorer Chickpea and Spinach Curry with Rice (VE) 	Lentil and Mushroom Wellington with Roast Potatoes and Gravy (VE) 	Tomato and Herb Bolognaise with Spaghetti (VE) 	Red Pepper Frittata with Chips & Tomato Sauce (V) 
	Option Two	Planet Friendly Balls in Tomato Sauce with Rice (VE) 	Beef Bolognaise with Spaghetti 	Roast Chicken, Stuffing, Roast Potatoes and Gravy 	Chicken Tikka with Rice 	Breaded Fish with Chips / Potato Wedges & Tomato Sauce 
	Vegetables	Broccoli (VE) Carrots (VE)  Rainbow Slaw (VE) Sweetcorn (VE) Diced Cucumber (VE) Crispy lettuce (VE) Couscous Salad(VE) 	Green Beans (VE) Cauliflower (VE)  Lettuce (VE) Pepper Sticks (VE) Pasta Salad (VE) Grated Carrot (VE) Greek Salad (VE) 	Peas (VE) Red Cabbage (VE)  Roasted Sweet Potato (VE) Carrot Sticks (VE) Cucumber (VE) Diced Peppers(VE) Coleslaw (V) 	Butternut Squash (VE) Roasted Peppers (VE)  Sweetcorn (VE) Tomatoes (VE) Lettuce (VE) Cucumber (VE) Carrot Sticks (VE) 	Peas (VE) Sweetcorn (VE)  Beetroot and Orange Salad (VE) Tomato Pasta (VE) Lettuce (VE) Tomatoes (VE) 
		Dessert	Yoghurt & Tinned Peaches (V) 	Apple Crumb Cake with Custard (V) 	Yoghurt & Fresh Fruit (V) 	Jelly and Manderins (V) 
AVAILABLE DAILY:		Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) – Fresh Fruit (VE) – Natural Yoghurt (V/VE) - Drinking Milk (V/VE)				
		(V) Vegetarian (VE) Plant-based and Planet Friendly				

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WEEK 2 CAMDEN AUTUMN WINTER MENU 2026/27



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:
VEG & SALAD DESSERTS MAIN MEALS		Planet Friendly Day					
	Option One	Hearty Cottage Pie (VE)	Chinese Rainbow Noodles (V)	BBQ Quorn with Seasoned Potatoes and Sweetcorn Salsa (VE)	Greek Macaroni Pastitsio (V)	Mash'd Bean & Lentil Patty with Chips (VE)	
	9/11/26 30/11/26 11/1/27 1/2/27 1/3/27 22/3/27						
	Option Two	Classic Cheese and Tomato Pizza with Wedges (V)	Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice	Roast Chicken with Seasoned Potatoes and Gravy	Beef Cottage Pie	Fish Fingers/ Salmon with Chips / Potato Wedges & Tomato Sauce	
	Vegetables	Broccoli (VE) Cauliflower (VE)	Carrots (VE) Sweetcorn (VE)	Green Beans (VE) Peas (VE)	Leeks (VE) Courgettes (VE)	Baked Beans (VE) Peas (VE)	
	Salad Bar	Sweet Potato Power Salad (VE) Mixed Lettuce (VE) Carrot Sticks (VE) Pepper Sticks (VE) Sweetcorn (VE)	Mixed Bean Salad (VE) Coleslaw (V) Green Beans (VE) Diced Pepper (VE) Cucumber (VE)	Beetroot (VE) Rainbow Slaw (VE) Iceberg Lettuce (VE) Tomatoes (VE) Couscous Salad (VE)	Grated Carrot (VE) Cucumber Sticks (VE) Roasted Vegetable and Lentil Salad (VE) Tomato Salsa (VE) Beetroot (VE)	Lettuce (VE) Tomato Pasta (VE) Carrot Sticks (VE) Cucumber Slices (VE)	
	Dessert	Yoghurt with Fresh Fruit (V)	Peach Upside Down Cake (V)	Yoghurt with Tinned Peaches (V)	Apple and Strawberry crumble with Custard (V)	Yoghurt and Fresh Fruit (V)	
							Whole grain
							Plant-based and Planet Friendly
							Added plant protein
							Chef's Special
							Local Red Tractor Meat
							Local, Seasonal Fruit & Veg

AVAILABLE DAILY:

Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) - Fresh Fruit (VE) - Natural Yoghurt (V/VE) - Drinking Milk (V/VE)

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WEEK 3 CAMDEN AUTUMN WINTER MENU 2026/27



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:
VEG & SALAD	MAIN MEALS	Option One 16/11/26 7/12/26 18/1/27 2/2/27 8/3/27 Saucy Tomato Pasta with Tomato and Herb Bread (V)	Golden Cheese and Bean Pasty with Wedges (V)	Quorn Cumberland Sausage with Roast Potatoes & Gravy (VE)	Mild Mexican Chilli with Rice (VE)	Autumn Pasta Bake (VE)	Whole grain
		Option Two Macaroni Cheese with Tomato and Herb Bread (V)	Greek Chicken Pitta with Herby Rice and Sweetcorn Salsa	Roast Chicken with Roast Potatoes and Gravy	Beef Mexican Chilli with Rice	Fishfingers with Chips/ Potato Wedges & Tomato Sauce	Plant-based and Planet Friendly
	Vegetables	Baked Beans (VE) Peas (VE)	Sweetcorn (VE) Broccoli (VE)	Green Beans (VE) Cauliflower (VE)	Carrots (VE) Peppers (VE)	Baked Beans (VE) Peas (VE)	Added plant protein
	Salad Bar	Sweet Potato Salad (VE) Carrot Sticks (VE) Diced Pepper (VE) Sweetcorn Salsa (VE) Tomatoes (VE)	Mixed Bean Salad (VE) Beetroot (VE) Iceberg Lettuce (VE) Tomatoes (VE) Couscous Salad (VE)	Apple and Raisin Salad (V) Cucumber Slices (VE) Grated Carrot (VE) Mixed Lettuce (VE) Pepper Sticks (VE)	Tomatoes (VE) Beetroot (VE) Butternut Squash (VE) Mixed Lettuce (VE) Cucumber Sticks (VE)	Rainbow Slaw (VE) Grated Carrot (VE) Green Bean Salad (VE) Vegetable Pasta Salad (VE)	Chef's Special
DESSERTS	Dessert	Yoghurt With Tinned fruit (V)	Pear Crumble and Custard (V)	Yoghurt and Fresh Fruit (V)	Yoghurt & Fresh Fruit (V)	Chocolate and Apple Sponge with Chocolate Sauce (V)	Local Red Tractor Meat
							Local, Seasonal Fruit & Veg

AVAILABLE DAILY:

Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) - Fresh Fruit (VE) - Natural Yoghurt (V/VE) - Drinking Milk (V/VE)

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