

## FROM ALPHA TO OMEGA



### **‘Life in all its fullness’**

(JOHN 10:10)



Weekly newsletter  
Friday 24<sup>th</sup> February 2023

Dear parents and carers,

I hope you had a restful half-term and enjoyed some time with your family and friends. The children have returned to school full of excitement for their new learning; from learning about living and growing in Reception to Mediterranean Europe in Year 4; it has been wonderful to see. In collective worship, our focus for the half-term is on our school value of ‘forgiveness’, which helps us to experience our school vision of ‘life in all its fullness’. Please see the attached information on forgiveness, for you to explore with your child at home.

#### **Strike action**

The next scheduled date for strike action from the NEU teaching union is Thursday 2<sup>nd</sup> March. Please see the letter emailed this week to see how our school is affected on Thursday. Please note the other scheduled dates for strike action are Wednesday 15<sup>th</sup> March and Thursday 16<sup>th</sup> March – I will confirm arrangements for these days closer to the time.

#### **Internet Safety**

It can be challenging to keep up with children’s internet activities, especially when they are using websites and apps that you are unfamiliar with. Tutor Hunt, provide comprehensive information to promote safe internet use for all ages. You can find their children’s internet safety resource, located at <https://www.tutorhunt.com/safeguarding/>

#### **World Book Week**

Next week, we will be celebrating how much we love books!

As part of the week, we will have a number of activities to celebrate and promote our love of reading. Additionally, KS2 will have a special visit from author and actress Holly Rivers. On Friday 3<sup>rd</sup> March, children are invited to dress up as their favourite book character. Please do not feel like you need to buy an expensive costume. Encourage your child to get creative at home and make one from items that they already own!

All children will receive a World Book Day book token, which can be redeemed in West End Lane Books and other retailers between Thursday 16 February to Sunday 26 March 2023. Please see the letter sent to parents dated Wednesday 22<sup>nd</sup> February.

#### **Year 2 assembly**

Next week, we are looking forward to the Year 2 class assembly on Wednesday at 2.30pm. The back gate will open for parents at 2.25pm and thank you in advance to Y2 parents for organising the cake sale after school.

#### **St David’s Day**

Next Wednesday is St David’s day and children in this house can come into school wearing yellow.

## Strike Day

Please note that school will be partially closed on **Thursday 2<sup>nd</sup> March**. Please see the letter dated Wednesday 22<sup>nd</sup> February.

## Attendance

Our school target for attendance is 96%. This week, well done to Year 6

Class	Attendance
Nursery	94.9%
Reception	95.9%
Year 1	98.1%
Year 2	99%
Year 3	95.3%
Year 4	93.7%
Year 5	98.3%
Year 6	100%
School	96.9%

Wishing you and your family a lovely weekend,  
Miss Burns and the Emmanuel team

## School visionaries

Congratulations to these children for showing our school vision and values this week:  
**From Alpha to Omega - life in all its fullness. (John 10:10)**

Keira and Idris in Nursery  
Hugh and Aiden in Reception  
Zuzana and Ioanna in Year 1  
Cosima and Niko in Year 2  
Byron and Ava in Year 3  
Efunsetan and Diana in Year 4  
Yahia and Portia in Year 5  
Beatrice and Dylan in Year 6



## Diary Dates

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	1	2	3
World Book Week	World Book Week	World Book Week	World Book Week	World Book Week
		Saint David's Day	Strike day – partial school closure.	World Book Day
		Year 2 Sharing Assembly to parents		



If you would like to talk about any concerns about your child's mental health and wellbeing, please contact Lorraine Watkins, our school ELSA, through [wellbeing@emmanuel.camden.sch.uk](mailto:wellbeing@emmanuel.camden.sch.uk).

### Mental Health Support Team (MHST) Webinar Series for Parents/Carers of Primary School Children and Secondary School aged Young People

The MHST are pleased to offer parents/carers a series of workshops to support their children's well-being. There are 11 topics in total with workshops being offered from this point until the end of Spring term. Each workshop will last up to 60 minutes and have an optional follow-up of 30 minutes for parents/carers to ask questions or discuss the topic further. Parents and carers can register for any of the above webinars through Eventbrite for free at:

<https://www.eventbrite.co.uk/e/mhst-parent-and-carer-webinar-series-2022-2023-tickets-415252660887>

Webinar topic	Intended Parent Audience	Date	Time
Having therapeutic conversations with your child	Primary & Secondary	Friday 3rd March	12pm – 13.00 Q and A: 13.00-13.30
Supporting childhood worries	Primary & Secondary	Friday 10th March	12pm – 13.00 Q and A: 13.00-13.30
Anxiety in Adolescence	Secondary	Friday 17th March	12.00 to 13:00 Q and A 13:00 to 13.30

If you have any questions or suggestions, please get in touch with the Camden MHST team - Tajwar Hussain, Senior School Practitioner/Parenting Support: [Thussain2@tavi-port.nhs.uk](mailto:Thussain2@tavi-port.nhs.uk)



## Supporting Children's Mental Health and Wellbeing



### NSPCC Speak Out. Stay Safe and Childline

This week, Years 5 and 6 were visited by the NSPCC to talk about their Speak Out. Stay Safe. campaign, aiming to help them understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. They were reminded to speak out if they are worried, either to a trusted adult or Childline.

The NSPCC provide lots of information on their website and the Childline website to

keep parents and carers informed and support you at home. Please see the links below:

- Activities for children at home to support conversations around their Speak Out. Stay Safe campaign: [www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities).
- Online safety hub - [www.nspcc.org.uk/keeping-children-safe/online-safety](http://www.nspcc.org.uk/keeping-children-safe/online-safety)
- Under 12's Website - Childline also have a website with age appropriate advice for primary school children on topics such as bullying - [www.childline.org.uk/kids](http://www.childline.org.uk/kids).
- Talking PANTS with your children - a simple conversation to help keep children safe from sexual abuse. [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).
- If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents).

### Charlie Waller Trust

There are lots of free resources for parents and carers on | Charlie Waller's website, for example:

- Resource library - Practical advice and information from the Charlie Waller Trust based on research into what works. <https://charliewaller.org/resource-library/>
- A guide to supporting children with anxiety: <https://charliewaller.org/mental-health-resources/anxiety/supporting-a-child-with-anxiety>
- Free printable Wellbeing journal for children - <https://charliewaller.org/resources/wellbeing-journal/>
- Supporting a child with depression - <https://charliewaller.org/mental-health-resources/depression/supporting-your-child-through-depression>



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# BOOK SALE

WEDNESDAY, MARCH 1  
(AFTER SCHOOL)



Do you have any good quality, used books you no longer need? Please bring titles suitable for ages 0-12 to the PFE! Collection boxes are in Alpha and Omega buildings. Then, in honour of World Book Day, come along on March 1 to pick out new reading material at great prices.





24 FEBRUARY 2023

# PFE HAPPENINGS

## THANKS FOR YOUR 2023 CHALLENGE EFFORTS!

We'll report the total raised, and the winning class, next week.



### TODAY IS YOUR LAST DAY TO ORDER!

- Pizza kits and cookie dough will be available for pickup next Friday after school/clubs
- Vegan pizza kits are available; all kits are nut & seed free, with allergen label/ingredient list
- We get £2 for each pizza and £1 for each cookie dough sold

**ORDER NOW AT:**  
**[HTTPS://DOUGHIES.CO.UK/PRODUCTS/EMMANUEL-NW6](https://doughies.co.uk/products/emmanuel-nw6)**



### BOOK SALE ON MARCH 1 - WHAT YOU NEED TO KNOW

- We are still accepting books for the sale - please bring them to the donation boxes
- The majority of books or bundles will be £1
- Cash is best so please bring coins (we will have a card machine available if needed)
- WE NEED VOLUNTEERS, PLEASE SIGN UP ON CLASSLIST

### GET EXCITED FOR

# BINGO

## March 23

A FUN ADULT NIGHT OUT.  
FOOD AND DRINKS WILL BE  
AVAILABLE FOR PURCHASE.

**MORE INFO COMING SOON...**





# PIZZA & COOKIE EVENING

## FRIDAY 3RD MARCH

We've teamed up with Doughies for a fun family night in. Order your pizza & cookie making kits and you'll receive everything you need to make artisan margherita pizzas (**regular or vegan**), and warm gooey cookies in your home oven.

Orders to be placed via the Doughies link below by Saturday 25th February  
<https://doughies.co.uk/products/emmanuel-nw6>

Orders to be collected at school pickup on Friday 3rd March





**£6.50  
PER PIZZA  
KIT**

**£4.50  
PER COOKIE  
KIT  
(MAKES  
5 COOKIES)**

## **EACH KIT MAKES 1 X 12" PIZZA AND INCLUDES:**

- 01** 1 Fresh dough ball perfect for baking that evening, or within 48 hours
- 02** 80 grams of special tomato pizza sauce
- 03** 80 grams of fresh, cubed mozzarella (or vegan mozzarella)
- 04** 10 grams of grated Parmesan cheese for an added depth of flavour
- 05** A pouch of stretching flour to help stretch your dough balls

## **COOKIE OPTIONS:**

- 01**  
**Chocolate brownie**
- 02**  
**Chocolate Chip**
- 03**  
**Oat and Raisin**



**Bring the family together for a fun mealtime activity**

Each kit includes printed instructions, and the Doughies website contains videos and tips to help you stretch and cook the perfect home oven pizza