

## FROM ALPHA TO OMEGA



**‘Life in all its fullness’**

(JOHN 10:10)



Weekly newsletter  
Friday 10<sup>th</sup> February 2023

Dear parents and carers,

### Welcome back Mrs Dilley!

Mrs Dilley will be returning from maternity leave to resume the role of interim Sendco from Monday 20<sup>th</sup> February 2023. She will be in school on Mondays, Tuesdays and Wednesdays and can be contacted via [inclusion@emmanuel.camden.sch.uk](mailto:inclusion@emmanuel.camden.sch.uk)



Miss McManus and Mrs Dilley are in the process of completing a thorough handover to ensure all children with additional needs have consistent support and I would like to thank Miss McManus for working with such dedication over the last year. I am delighted she will continue to work at Emmanuel part-time after half-term, providing cover in different classes and leading on Literacy.

### Non-Uniform Day

Well done to the children who raised £211.78 today for the PFE! A reminder that the deadline for the 2023 challenge is 23<sup>rd</sup> February.

### Year 4 assembly

Well done to the children in Year 4 for their class assembly on Ancient Greece this week; it was wonderful to see our school value of joy in action as the children told us about their learning this term. Thank you too to parents and carers for organising the cake sale; £236.11 was raised and all the proceeds will go to Year 4.

### Children’s Mental Health Week: ‘Let’s Connect’

We have been celebrating Children’s Mental Health Week in school with a number of activities, which have focussed on this year’s theme of ‘Let’s Connect’. The children in all classes enjoyed writing and receiving letters from the children at Fleet Primary school, and our thanks go to Ivana (Luka’s mum in Year 6), who joined Mr Spadacinni to teach ‘mindful movement’ and different breathing techniques to help the children connect with themselves. Please see the lovely photo collages below and huge thanks to Mrs Watkins for organising such a memorable week in school.

Place2Be have created a number of [resources](#) to support parents and carers with this message at home and you may have also seen in the news that [The Princess of Wales](#), Patron of Place2Be, has been speaking about the importance of positive connections too.

### Attendance

Our school target for attendance is 96%. This week, well done to Reception!

Class	Attendance
Nursery	97.3%
Reception	98.5%
Year 1	96%
Year 2	95.9%
Year 3	94.5%
Year 4	93.7%
Year 5	95.2%
Year 6	92.1%
School	95.5%

Finally, a reminder it is World Book Week the week beginning 27<sup>th</sup> February, when the children can dress up as a book character if they would like to; so do start thinking about costumes over half-term!

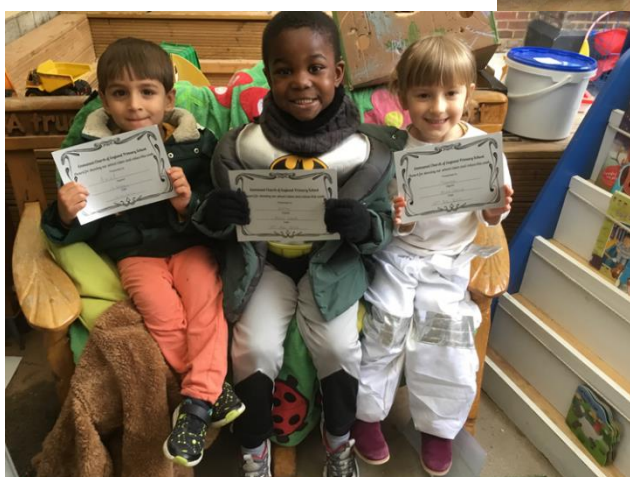
I hope you have a lovely half-term next week and we look forward to seeing you on Monday 20<sup>th</sup> February. Miss Burns and the Emmanuel team

## School visionaries

Congratulations to these children for showing our school vision and values this week:

**From Alpha to Omega - life in all its fullness. (John 10:10)**

Axel and Tafara-I in Nursery  
Sienna and Laolu in Reception  
Aida and Deyan in Year 2  
Gideon and Maisie in Year 3  
Gideon and Maisie in Year 4  
Artham and Sean in Year 5  
Luka and Aydien in Year 6



## Diary Dates

Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
Half Term	Half Term	Half Term	Half Term	Half Term
20	21	22	23	24



If you would like to talk about any concerns about your child's mental health and wellbeing, please contact Lorraine Watkins, our school ELSA, through [wellbeing@emmanuel.camden.sch.uk](mailto:wellbeing@emmanuel.camden.sch.uk).

### Mental Health Support Team (MHST) Webinar Series for Parents/Carers of Primary School Children and Secondary School aged Young People

The MHST are pleased to offer parents/carers a series of workshops to support their children's well-being. There are 11 topics in total with workshops being offered from this point until the end of Spring term. Each workshop will last up to 60 minutes and have an optional follow-up of 30 minutes for parents/carers to ask questions or discuss the topic further. Parents and carers can register for any of the above webinars through Eventbrite for free at:

<https://www.eventbrite.co.uk/e/mhst-parent-and-carer-webinar-series-2022-2023-tickets-415252660887>

Webinar topic	Intended Parent Audience	Date	Time
Understanding adolescent development	Secondary	Friday 24th February	12pm – 13.00 Q and A: 13.00-13.30
Having therapeutic conversations with your child	Primary & Secondary	Friday 3rd March	12pm – 13.00 Q and A: 13.00-13.30
Supporting childhood worries	Primary & Secondary	Friday 10th March	12pm – 13.00 Q and A: 13.00-13.30
Anxiety in Adolescence	Secondary	Friday 17th March	12.00 to 13:00 Q and A 13:00 to 13.30

If you have any questions or suggestions, please get in touch with the Camden MHST team - Tajwar Hussain, Senior School Practitioner/Parenting Support: [Thussain2@tavi-port.nhs.uk](mailto:Thussain2@tavi-port.nhs.uk)

## Year 4 Ancient Greek Assembly



# BOOK SALE

WEDNESDAY, MARCH 1  
(AFTER SCHOOL)



Do you have any good quality, used books you no longer need? Please bring titles suitable for ages 0-12 to the PFE! Collection boxes are in Alpha and Omega buildings. Then, in honour of World Book Day, come along on March 1 to pick out new reading material at great prices.



Website: [www.emmanuel.camden.sch.uk](http://www.emmanuel.camden.sch.uk)  
Email: [admin@emmanuel.camden.sch.uk](mailto:admin@emmanuel.camden.sch.uk)



Let's talk

## Children's Mental Health Week

This week, we will be celebrating CMHW with a number of whole-school and class-based activities which focus on this year's theme of 'Let's Connect'.

LET'S CONNECT

Connecting with our community:  
Writing letters to children in Fleet Primary



Connecting with ourselves: Mindful movement in PE



Connecting with our friends at playtime



Connecting with our class through Music



Connecting between classes:  
Y6 Wellbeing Champions have had helpers to do the Registers each day



Connecting with experts: The Wellbeing Champions met with Victoria O'Mard, MHST

If you would like to talk about any concerns about your child's mental health and wellbeing, please contact Lorraine Watkins, our school ELSA, through [wellbeing@emmanuel.camden.sch.uk](mailto:wellbeing@emmanuel.camden.sch.uk).





All our classes 'connected' with children in Fleet Primary. Our children enjoyed writing and receiving letters!



**LET'S CONNECT**



**Fleet Y4 Class  
receiving our letters**





**LET'S  
CONNECT**

During their PE classes, the children 'connected with their selves' through Mindful Movement and Breathing with Special Yoga teacher Ivana Radanovich (Luka's Mum) and Mr Spadacinni







10 FEBRUARY 2023

# PFE HAPPENINGS

## HOORAY FOR NON-UNIFORM DAY

Thanks showcasing your style and sharing your coins this morning!



Pizza and a movie, anyone? We've teamed up with Doughies to bring our school a fun, mealtime activity: pizza and cookie kits. Please see the attached flyer, order your items, and start planning a fun family night in.

**ON SALE NOW! DELIVERY: FRIDAY, MARCH 3**

## FINAL COUNTDOWN: THE 2023 CHALLENGE

Check out some of our AMAZING Emmanuel kids' efforts below! We hope everyone is enjoying themselves and has more FUNDRAISING FUN in half-term.



## BOOK SALE ON MARCH 1 - WE STILL NEED BOOKS!

Please use half-term to weed out any books from your shelves that you can share.

We have boxes at the entry to both buildings to drop them off; see the attached poster for more information.

**SAVE THE DATE: MARCH 23 IS BINGO NIGHT**





# PIZZA & COOKIE EVENING

## FRIDAY 3RD MARCH

We've teamed up with Doughies for a fun family night in. Order your pizza & cookie making kits and you'll receive everything you need to make artisan margherita pizzas (regular or vegan), and warm gooey cookies in your home oven.



**THE SCHOOL  
RECEIVES  
£2 PER PIZZA AND  
£1 PER COOKIE  
KIT SOLD**

**Orders to be placed via the Doughies link below by Saturday 28th February**  
<https://doughies.co.uk/products/emmanuel-mw6>

**Orders to be collected at school pickup on Friday 3rd March**



**EACH KIT MAKES 1 X 12" PIZZA  
AND INCLUDES:**

**£6.50  
PER PIZZA  
KIT**

**£4.50  
PER COOKIE  
KIT  
(MAKES  
5 COOKIES)**

**01** 1 Fresh dough ball  
perfect for baking  
that evening, or within  
48 hours

**02** 80 grams of  
special tomato  
pizza sauce

**03** 80 grams of fresh,  
cubed mozzarella (or  
vegan mozzarella)

**04** 10 grams of  
grated Parmesan  
cheese for an  
added depth of  
flavour

**05** A pouch of stretching  
flour to help stretch  
your dough balls

### COOKIE OPTIONS:

**01**  
**Chocolate brownie**

**02**  
**Chocolate Chip**

**03**  
**Oat and Raisin**



**Bring the family together for a fun mealtime activity**

Each kit includes printed instructions, and the Doughlee website contains videos and tips to help you stretch and cook the perfect home oven pizza



# SWIM SCHOOL



## HOLIDAY SHORT COURSES



**KENTISH TOWN SPORTS CENTRE**

**FEBRUARY HALF TERM**

**MONDAY 13<sup>TH</sup> – FRIDAY 17<sup>TH</sup> FEBRUARY 2023**

Whether your children are beginners or you're wanting to build their confidence, we cater for all levels of ability and will help them progress in the world of water.

### **FOUNDATION:**

For children aged 4 years and over who are non-swimmers and beginners. We also offer specific Foundation classes for children 9 years and older as well as Teenage Foundation classes.

Teaching pupils the essential swimming skills to ensure they learn to be safe in and around water. Learning the basic techniques for all 4 strokes, achieving 10 metres on Front Crawl and Backstroke by the end of their Green milestones.

\*For new customers and Red and Amber current customers.

**FOUNDATION**

**09:00 – 09:30**

**09:30 – 10:00**

**10:00 – 10:30**

**DEVELOPMENT**  
**10:30 – 11:00**

### **DEVELOPMENT:**

Children aged 5-12 years who are able to swim 25m.

Teaching pupils advanced swimming skills, developing their techniques on all 4 strokes to create efficient and effective swimmers. Lessons focus on a wide range of skills across all aquatic sports. Pupils will learn basic water survival and rescue skills as part of the milestone awards. Here we will also work with other partner clubs to assess each pupil's ability to progress in talent pathways.

For more information email [Kylie.bland@gll.org](mailto:Kylie.bland@gll.org)

Book your child's lesson online [betterlessons.org.uk](https://betterlessons.org.uk) or alternatively speak to a member of our team at the centre who will be able to support you.

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**BETTER**

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