

From Alpha to Omega- life in all its fullness. (John 10:10) Wisdom, Resilience, Respect, Forgiveness, Service, Joy

> Weekly newsletter Friday 23<sup>rd</sup> September

Dear parents and carers,

#### **Black History Month**

During the month of October, Emmanuel will be celebrating Black History Month. Whilst black history is celebrated year-round in our curriculum, Black History Month is marked annually to recognise and value the inspirational individuals and events that have shaped our world. During Black History Month, we remember and celebrate the important people from the past and also those who contribute to and help our society today. Mr Edwards is in the process of planning what the children will learn next month and if you would like to be involved in contributing ideas, then please do email the school office. We hope to form a small working group to plan the month together.

### **Nursery Places**

We currently have spaces available in our Nursery for an immediate start. I would be really grateful if you could pass this information on to any friends or family who have a child who is 3 years old. Nursery is a significant income stream for the school and when our nursery is full, it means we can offer more opportunities to all the children in the school. Thank you very much in advance.

#### Parent-teacher consultations

Each autumn and spring term, teachers meet with parents and carers to discuss the progress your child has made in school. This term, the consultations will take place on Thursday 6<sup>th</sup> October and Wednesday 12<sup>th</sup> October from 3.40pm to 6.30pm. Each appointment lasts for 10 minutes and parents can choose whether they would prefer the meeting to take place via Zoom or in person at school.

The online system for booking is now open: please visit <a href="https://emmanuelce.parentseveningsystem.co.uk">https://emmanuelce.parentseveningsystem.co.uk</a> to book your appointment/s and login with the information that is requested on the front page. In the 'add message to teacher' section, please indicate whether you would like the meeting to take place via Zoom or in person. We look forward to sharing information with you on how your child has settled into their new class next month.

#### Here to help

Every school has a statutory duty to safeguard and promote the welfare of children and help them to achieve good outcomes. All of our school policies related to safeguarding are on our website but I wanted to highlight to parents and carers that at Emmanuel, we are here to support families with any difficulties that are causing distress. You may be experiencing relationship breakdown or conflict, violence in the home, have housing, rent or money worries, worries about a child's health or development, managing changes in circumstances or experiencing grief and bereavement. Please do email the office to arrange an appointment to see me and I can most importantly listen and where relevant, signpost you to other services and resources that can provide additional support for your child and/or family. I am well aware that it may be a very difficult time for families at the moment and want you to know we are here to help in any way we can.

#### Attendance

Congratulations to Year 4 for their attendance this week.

Class	Attendance
Nursery	90.6%
Reception	97.0%
Year 1	97.6%
Year 2	91%
Year 3	97.0%
Year 4	98.6%
Year 5	96.7%
Year 6	86.39%

Wishing you and your family a lovely weekend, Miss Burns and the Emmanuel team

# Our school visionaries

Congratulations to these children for showing our school vision and values this week: From Alpha to Omega - life in all its fullness. (John 10:10)







Tyler and Clara in Nursery Leo and Millie in Reception Dias And Lucia in Year 1 Deyan and Cosima in Year 2 Vivienne and Tomiwa in Year 3 Alex K and Sheyan in Year 4 Tom and Sean in Year 5 Andi and Sophia T in Year 6

# **Diary Dates**

Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
Year 6 Swimming	Year 6 Swimming	Year 6 Swimming	Year 6 Swimming	Year 6 Swimming
Reception Class Meet the Teacher	Years 1-6 PE – Come to school in PE kit			
3	4	5	6	7
Years 1 – 6 Individual Photos	Year 6 Swimming	Year 6 Swimming	Year 6 Swimming	Year 6 Swimming
Year 6 Swimming	Years 1-6 PE – Come to school in PE kit		Parents Evening 3:30 – 5:30pm	



The Charlie Waller Trust are offering free webinars for parents, carers and education staff on various mental health topics. These include:

- Growing Together; Role Modelling to Children and Young People
- The Teen Brain and Eating Disorders
- The Teen Brain and Nutrition
- Managing the Highs and Lows
- Supporting Children and Young People: Low Mood and Depression
- Sleep

You can book your place for free here:

https://charliewaller.org/what-we-offer/free-webinars/

If you would like to talk about any concerns about your child's mental health and wellbeing, please contact Lorraine Watkins, our school ELSA, through wellbeing@emmanuel.camden.sch.uk.



Website: www.emmanuel.camden.sch.uk Email: admin@emmanuel.camden.sch.uk





# Mental Health Support Team (MHST) Webinar Series for Parents/Carers of Primary School aged Children and Secondary School aged Young People

The MHST are pleased to offer parents/carers a series of workshops to support their children's well-being. There are 11 topics in total with workshops being offered from this point until the end of Spring term.

Webinars that are for both Parents/Carers of Primary and	Webinars for Parents/Carers of		
Secondary aged children and young people	Primary aged children		
All about sleep	<ul> <li>Parent-child interactions</li> </ul>		
Therapeutic conversations with your child and young person	<ul> <li>Managing routines</li> </ul>		
Screen Time	<ul> <li>Supporting Childhood worries</li> </ul>		
Parent Self Care			
Sibling rivalry			

Each workshop will last up to 60 minutes and have an optional follow-up of 30 minutes for parents/carers to ask questions or discuss the topic further. Parents and carers can register for any of the above webinars through Eventbrite for free at:

https://www.eventbrite.co.uk/e/mhst-parent-and-carer-webinar-series-2022-2023-tickets-415252660887
Or please scan the QR code using your mobile phone's camera:



The scheduled topics for the rest of this term are:

Webinar topic	Intended Parent Audience	Date	Time
Parent Self Care	Primary & Secondary	Thursday 29 <sup>th</sup> September	12.00-13.00. Q and A: 13.00 to 13.30
Parent-child interactions	Primary & Secondary	Thursday 6 <sup>th</sup> October	12pm – 13.00. Q and A: 13.00 to 13.30
Managing routines	Primary only	Thursday 13 <sup>th</sup> October	12pm – 13.00. Q and A: 13.00 to 13.30
Sleep	Primary & Secondary	Thursday 20 <sup>th</sup> October	12pm – 13.00. Q and A: 13.00 to 13.30
Screen-time	Primary & Secondary	Thursday 3 <sup>rd</sup> November	12pm – 13.00. Q and A: 13.00 to 13.30
Having therapeutic conversations with your child	Primary & Secondary	Thursday 17 <sup>th</sup> November	12pm – 13.00 . Q and A: 13.00-13.30
Supporting childhood worries	Primary & Secondary	Thursday 24 <sup>th</sup> November	12pm – 13.00 . Q and A: 13.00-13.30

If you have any questions or suggestions, please get in touch with Lorraine Watkins, the school ELSA at <a href="mailto:wellbeing@emmanuel.camden.sch.uk">wellbeing@emmanuel.camden.sch.uk</a> or direct with the Camden MHST team - Tajwar Hussain, Senior School Practitioner/Parenting Support: <a href="mailto:Thussain2@tavi-port.nhs.uk">Thussain2@tavi-port.nhs.uk</a>



# OUR FIRST PFE MEETING OF THE YEAR JOIN US AT DAVID'S DELI NEXT FRIDAY, 30 SEPTEMBER AT 9AM

Parents and carers at Emmanuel are automatically members of PFE. Now, come along to the first meeting of the year, also our Annual General Meeting (AGM).

- Learn who will be voted in for committee positions
- Hear what we've got planned
- Find out how you can help
- Share your ideas and expertise

COME ONE, COME ALL. ALL NEW AND RETURNING FAMILIES VERY WELCOME!

> COFFEE AND TEA WILL BE PROVIDED.

EMMANUELPFE.INFO@GMAIL.COM





# Violin and cello lessons are now available at Emmanuel School.

Other instruments available include woodwind, brass, percussion, guitar, ukulele, singing and piano.

## Find out more:

www.camden.gov.uk/camdens-music-service

020 7974 7239 camdenmusic@camden.gov.uk

