



'Life in all its fullness'

(JOHN 10:10)

Weekly newsletter
Friday 10th November 2023

Dear parents and carers,

We've had a great week at Emmanuel, with lots going on and lots to look forward to.

Bikeability

Year 6 thoroughly enjoyed their Bikeability training - having the privilege of welcoming two professionals to teach the children how to ride safely and confidently, both in the safety of our playground and out of neighbouring roads, is a wonderful thing, and really reminds us of what educating for 'life in all its fullness' is about. We are so committed to educating the whole child, and are indebted to Tom and Sam for their time and expertise.

It's a Shellebration!

Mrs Lubert would like to say, "A huge heartfelt "Thank You" to parents and carers for the very generous gift on my reaching 25 years of service at Emmanuel School. It was such a lovely surprise and much appreciated."

Thank you also to the PFE trustees for organising the collection.

Remembrance

Year 5 attended a special Remembrance Service at Hampstead Cemetery today. They represented our school beautifully, embodying our school values of respect and service. Well done, Year 5.

Open Classrooms

Year 2 kicked us off with the first Open Classroom of the term. They presented to their parents all the different things they had been learning about in class. Thank you to all the parents who attended to support their child and the school. A very fun morning had by all I think!



Upcoming Open Classrooms:

Year 3: Thursday 16th November 9.15 – 9.45

Year 1: Thursday 23rd November 9.15 – 9.45

Year 5: Friday 1st December 9.15 – 9.45

Year 4: Friday 8th December 9.15 – 9.45

Communications

Well done and thank you to those of you who have signed up to ParentHub. 75% of children have at least one parent signed up so it's a great start, but we need to make it to 100% so that no one misses out on any important information. It is also the platform for Revd Trin at Emmanuel Church to get in contact, plus the PFE are trialling it as a communication tool, so please do sign up if you haven't already.

Miss Roscoe and the Emmanuel Team



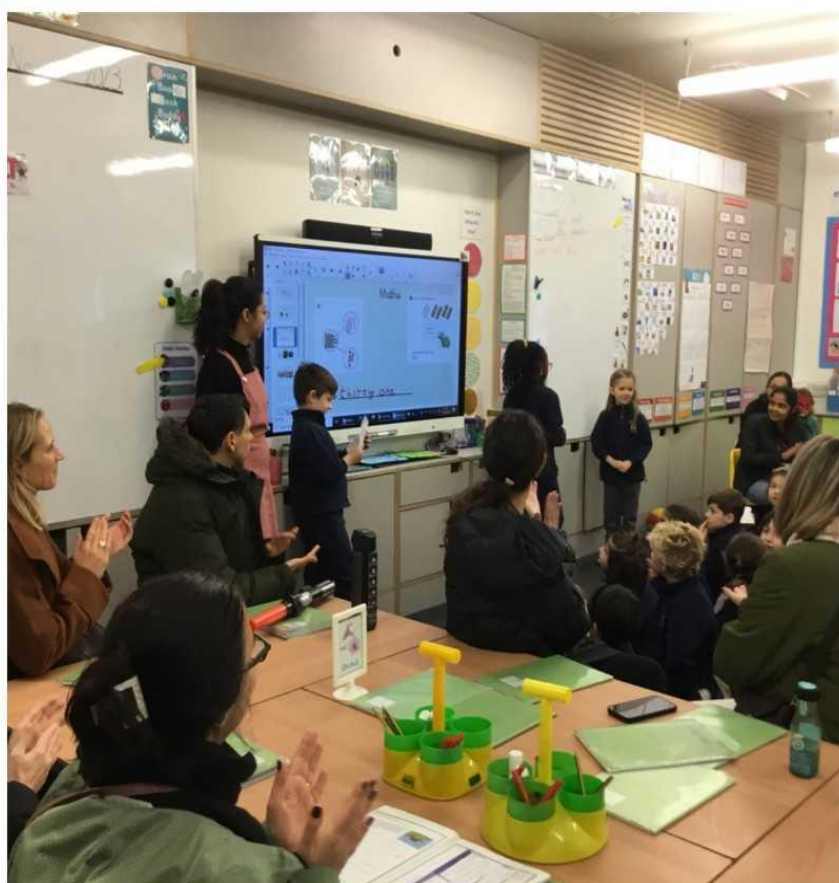
Attendance

Our school target for attendance is 96%. This week, well done to Year 2!

Class	Attendance
Nursery	78.9%
Reception	83%
Year 1	94.5%
Year 2	98.6%
Year 3	97.7%
Year 4	97.5%
Year 5	92.4%
Year 6	98.1%
School	93.5%



Year 2 Open Classroom



PIC•COLLAGE

[Diary Dates](#) – click here for our school calendar

13/11/23	All Day Anti-Bullying Week New Calendar	9:00am – 10:15am Parent Anti-Bullying Workshop New Calendar	
14/11/23	All Day Anti-Bullying Week New Calendar		
15/11/23	All Day Anti-Bullying Week New Calendar	All Day Year 5 trip to Science Museum New Calendar	2:00pm – 3:00pm Confirmation classes New Calendar
16/11/23	All Day Anti-Bullying Week New Calendar	9:15am – 9:45am Year 3 Open Classroom New Calendar	
17/11/23	All Day Anti-Bullying Week New Calendar	All Day Year 2 trip to Hyde Park New Calendar	
20/11/23	9:00am – 9:45am Early Reading Workshop New Calendar		
22/11/23	2:00pm – 3:00pm Confirmation classes New Calendar		
23/11/23	All Day Year 5 trip to Arts Depot New Calendar	9:15am – 9:45am Year 1 Open Classroom New Calendar	
24/11/23	All Day INSET DAY - No children in school New Calendar		

A word from our vicar

Dear Parents and Carers,

We have a few Emmanuel Church dates for your diary for the coming months.

Sunday 19th November: Daffodil Day

We have a dream of a bank of daffodils, visible from the Green, in the Springtime. To help make this happen we are holding a 'Daffodil Day' after the 10.30am service on Sunday 19th November, and we need your help! Please bring a packet of daffodils and a little trowel so that you can plant your own ... we hope to welcome many children to help with the planting.

Coffee and cake guaranteed! With thanks from your Emmanuel gardeners.

Sunday 26th November, 10:30: Confirmation Service

At our 10:30 service our acting Bishop, Bishop Jonathan will confirm a number of children from Years 5&6. We invite you to come and support your fellow pupils as they take this important step on their Christian journey.

A new opportunity for your child!

I would love to involve the children more in the planning of our Monday Church services. To this end, we would like to start a worship planning group in school. If your child would like to meet with me once a half term to discuss ideas for our Monday Church service (this could involve music, themes, prayers, reflections, AV), please email me on the above address, or let Miss Roscoe know.

Revd Trin

School visionaries

Congratulations to these children for showing our school vision and values this week:
From Alpha to Omega - life in all its fullness. (John 10:10)

Ioannis and Aurora in Nursery
Sarah and Teddy! in Reception
William & Simi in Year 1
Leon O and Elsi in Year 2
Athina and Iouisa in Year 3
Ida and Noah Year 4
Shayan and Ben K Year 5
Natalie In Year 6



New Autumn-term Class Reps for our Emmanuel Express pupil newspaper!

To help write our December edition of the Emmanuel Express we are delighted to announce that the following children volunteered and were selected as Class Reps. They will help write for the newspaper and encourage their class friends to also share their articles, games or stories. They are:

Year 2 – Alex and Layla

Year 5 – Mia and Alex Z

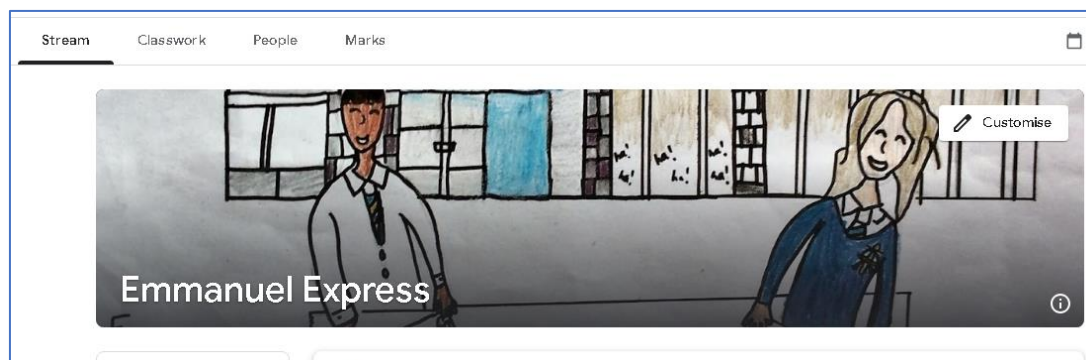
Year 3 – Cosima, Dhilan and Louisa

Year 6 – Leyla and Micah

Year 4 – Gideon and Maisie

The team, who have recently had their first meeting to talk about ideas, will be helped by the Newspaper Managers Tom, Marie, Campbell and Sarup from year 6.

We always remind the children that any pupil can write for the newspaper; they don't have to be on the team. This can be done in Golden Time and given to their Class Rep or done at home by uploading it to the Emmanuel Express Google Classroom. Every child should have this on their Google Classroom homepage once they have accepted it.



We look forward to sharing this special Christmas edition later in the term!

Mrs Watkins



Supporting our pupils' Mental Health and Wellbeing

Professional MH services available for parents and carers

A new NHS website, packed with emotional wellbeing and mental health information and resources, has been launched to help young people and families, as well as professionals working with them, to navigate support options.



[NCL Waiting Room](#) was produced with the help and input of young people, families and professionals. It aims to be a 'one-stop shop' for information on specialist mental health services, community groups, emotional wellbeing and self-care resources. It allows young people and their parents or carers to search for, filter and share resources based on their needs and preferences. [NCL Waiting Room](#) will continue to grow and develop.

URGENT MENTAL HEALTH SUPPORT 24/7

Worried about your mental health?

Young people and their parents can get urgent support and advice from trained NHS mental health advisors, any time, day or night.

Every mental health trust in London has put in place a telephone line for people in urgent need – including children, young people and their parents. The lines are free to call and open 365 days a year.

AREA	BOROUGHES COVERED	24/7 SUPPORT NUMBERS
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 023 4650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0800 995 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

shout
85258

Shout offers confidential 24/7 crisis text support for times when you need immediate assistance.
Text "SHOUT" to 85258
Web: www.giveusashout.org

SAMARITANS

Samaritans 24/7 365 days a year – they'll help you and listen to how you are feeling.
Call: 116 123
Email: jo@samaritans.org
Web: www.samaritans.org

Crisis Tools

Crisis Tools helps you support young people in crisis. Short accessible video guides and text resources are available for free.
Web: www.crisistools.org.uk/resources

Papyrus provides confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person.
Call: 0800 068 3131 or text: 07860 039967 (9am – midnight, 365 days a year).
Web: www.papyrus-uk.org

childline

Childline provides a confidential telephone counselling service for any child with a problem.
Call: 0800 1111
Online chat with a counsellor: <https://bit.ly/3Hfykwd>
Web: www.childline.org.uk/

URGENT AND OTHER SUPPORT AVAILABLE

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing, including free NHS-approved apps.
Web: www.good-thinking.uk

The Mix provides free, confidential support for young people under 25.
Call: 0808 808 4994 (3pm – midnight every day)
Email: <https://bit.ly/3Ce6VF4>
Web: www.themix.org.uk

Beat provides support to help young people who may be struggling with an eating problem or an eating disorder.
Call: 0808 801 0677 (for help in England) (9am – midnight during the week and 4pm – midnight on weekends and bank holidays).
Email: help@beateatingdisorders.org.uk

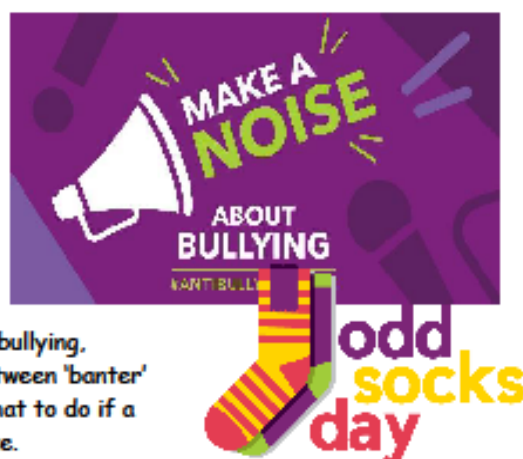
Kooth is a free, safe and anonymous online mental wellbeing community, including live chat with the team, discussion boards, a magazine with helpful articles, and a daily journal.
Web: www.kooth.com



Supporting our pupils' Mental Health and Wellbeing Anti-Bullying Week: 13th - 17th November 2023

Next week, Emmanuel School will be celebrating Anti-Bullying Week and joining in with the 'make a noise about bullying' campaign. We will launch the week with **Odd Socks Day** (on **Monday 13th November**) where we ask that all children and staff wear odd socks to school to have a bit of fun but with the serious message behind it: 'let's pull on odd socks to show we're **ALL** unique and different, and let's be kind to each other and respect each other's individuality.' Children should continue to wear uniform that day. This is not one of our fundraising days, so they do not need to bring a donation.

During the week, every class will have PSHE lessons dedicated to anti-bullying, highlighting the importance of what bullying means; the difference between 'banter' or 'jokey' behaviour between friends and when it turns into bullying; what to do if a child thinks they are being bullied or if it is happening to somebody else.



Parent/carer workshop - Monday 13th November, 9.00-10.15am Omega Building

We would like to invite our parents and carers to an Anti-Bullying workshop on Monday 13th November at 9.00-10.15am in the Omega building. Led by Michelle Boreland from the Camden Learning Mental Health team, the workshop will explore areas such as:

- What is bullying and how to identify it
- How to support children who may be being bullied, seeing bullying happening or being the one doing bullying-type behaviours
- The difference between 'banter', unkindness and challenging behaviours between friendships and knowing when this may turn into bullying

If you would like to attend this workshop, please email **Mrs Watkins** at wellbeing@emmanuel.camden.sch.uk.

Further information

What is bullying? How do I know if my child is being bullied or if they are bullying?

In line with the Department for Education's definition in their guidance (Preventing and Tackling Bullying" July 2017 and the definition used by the Anti-Bullying Alliance): 'Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online'.

Bullying can be physical, verbal, emotional (e.g. *social exclusion, talking about children behind their back*), indirect (e.g. *spreading rumours*) or online (also known as cyberbullying). People can be bullied because they are different or are perceived to be different.

Further information on Emmanuel's approach to bullying can be found in our Anti-Bullying policy on the school website. Please see below some helpful links for further information available to support parents and carers:

- **Anti-Bullying Alliance** - <https://www.anti-bullyingalliance.org.uk/tools-information/advice-parents>
- **Kidscape** - <https://www.kidscape.org.uk/advice/advice-for-parents-and-carers/>.

What can you do to help?

Please encourage your child to get involved, ask questions, explain to you what they have learnt next week and what they understand about bullying. If you would like to get more advice information on how we prevent bullying in school and speak to somebody about how to support your child, please don't hesitate to contact Mrs Watkins, our school ELSA, at wellbeing@emmanuel.camden.sch.uk.

JOIN
The Emmanuel
CHRISTMAS
FAIR
2023



SATURDAY 2 DECEMBER



you won't believe your eyes
MAGIC & SPLENDOUR AWAIT

£3/ADULT
KIDS FREE!

**COME TO EMMANUEL COE
SCHOOL FROM 2 TO 6 PM FOR:**

RAFFLE • GAMES • COOKIE DECORATING
SECRET GIFT ROOM • BOTTLE LOTTERY
GROTTO • CRAFTS • TREATS • MULLED WINE
HOT CHOCOLATE • AND MORE!

HOSTED BY THE PARENTS AND FRIENDS OF EMMANUEL
AND OUR GENEROUS SPONSOR, HAMPTONS.



PFE

Hamptons

THE HOME EXPERTS





10 NOVEMBER 2023

PFE HAPPENINGS



HOW MANY BOARDS CAN WE GET?

Our generous Christmas Fair sponsor, Hamptons, has asked us to help them by hosting 30 agent boards over the next few weeks. So far, we're halfway there. Can you help us show our gratitude? Sign up today:

<http://signup.com/go/jgmtLBO>

CHRISTMAS ART COMING SOON!

This week, the children started their Christmas artwork. And, great news, our supplier - mychildsart.co.uk - offers a HUGE range that will make for wonderful holiday presents.

Get excited, your kids will bring home more info soon.

WE STILL NEED LOTS (AND LOTS) OF STUFF. CAN YOU HELP?

Our donation buckets are open for business. Please consider bringing the following items over the next few weeks:

- Prizes that can go toward our raffle and hampers: Maybe your employer or a business you frequent can donate something great?
- New/unused items for our Secret Gift Room: A great chance to re-gift things that don't suit. (One person's trash is another's treasure.)
- Bottles, bottles, and more bottles: Beer, wine, spirits, juice, hot sauce, bubble bath! Toss an extra bottle or two in your next shop.

WATCH THE RUCKSACKS: A NEW WAY TO RAFFLE

Next week, your children will bring home a raffle packet that includes pre-printed raffle tickets, as well as an envelope for returning completed ticket stubs and payment. There's no obligation to buy (or sell), but we hope this approach gives more people an opportunity to support our school. Pre-selling tickets allows those who may not attend the Christmas Fair a chance to buy tickets. Please support your children and their sales efforts by encouraging them to offer the £1 tickets to friends, neighbours, or relatives.