

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

Option One

NEW All-Day Breakfast (V)

Hearty Penne Bolognaise 


Glamorgan Sausages, Mash Potatoes & Gravy 


YAMAS!

Cheese Whirl with Rice, Tzatziki & Salad (V)

Fishfingers with Chips & Tomato Sauce


Option Two

Cheese & Tomato Pizza slice (V) 

Beef Penne Bolognaise 

Chicken Sausages, Mash Potatoes & Gravy

or
Greek Chicken Pitta with Rice, Tzatziki & Salad

BBQ Quorn with New Potatoes 

Vegetables

Vegetables of the Day (V)

Vegetables of the Day (V)

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Vegetables of the Day (V)

Vegetables of the Day (V)

Dessert

Apple Flapjack  

Peach Upside Down Cake and Custard (V)


Yoghurt & Fruit (V)

Eves Pudding (V)


Yoghurt & Fruit (V)



WEEK TWO

Option One

Pasta Kitchen
Pasta in smooth tomato sauce (VE) 

Homemade Lentil & Bean Burger with Potato Wedges & Tomato Sauce 

Quorn Roast, New Potatoes, Stuffing and Gravy 

Lentil & Sweet Potato Curry and Rice  

Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce


Option Two

 or
Carbonara Pasta with Toppings (V)

Burger with Potato Wedges & Tomato Sauce

Roast Chicken, Stuffing, Roast Potatoes & Gravy

NEW Chicken Fajitas with Rice  

NEW Herby Sausage Roll with Potato Wedges & Tomato Sauce 

Vegetables

Vegetables of the Day (V)

Vegetables of the Day (V)


Vegetables of the Day (V)

Vegetables of the Day (V)


Vegetables of the Day (V)

Dessert

NEW Iced Biscuit & yogurt

Apple Crumble with Ice Cream (V) 


Fruit Medley & Yoghurt (V)

Jelly with Mandarins 


Yoghurt & Fruit (V)

WEEK THREE

Option One

NEW Vegetable Stack with Rice (V) 


FIESTA ESPANOL

Parsnip and Sweet Potato Loaf, New Potatoes Gravy 

Classic Mac & Cheese (V)


Fishfingers with Chips & Tomato Sauce

Option Two

Five Bean Chili with Rice  

Spanish Spiced Balls with Patatas Bravas or
Chicken Paella with Patatas Bravas

Roast Chicken with New Potatoes & Gravy

Beef Lasagne with Garlic Bread 

Cheese & Bean Pasty with Potato Wedges (V)

Vegetables

Vegetables of the Day (V)

Vegetables of the Day (V)

Vegetables of the Day (V)

Vegetables of the Day (V)

Vegetables of the Day (V)

Dessert

Peach Crumble with Ice Cream (V)

Summer Lemon Cake (V)

Fruit Platter & Yoghurt (V)

Chocolate Shortbread 

Yoghurt & Fruit (V)

MENU KEY



Added Plant Power




Wholemeal



Vegan

(V) Vegetarian

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings ; Beans  , Tuna Mayonnaise, Cheese (V) – Bread freshly baked on site daily Daily salad selection Fresh Fruit

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.