

FROM ALPHA TO OMEGA



**'Life in all its fullness'**

(JOHN 10:10)



Weekly newsletter  
Wednesday 24<sup>th</sup> July 2024

Dear parents and carers,

That's it; we've reached the end of the academic year 2024-2025. This is a very short newsletter to say goodbye to our Year 6s and all other children leaving Emmanuel.

We have some staff leaving too: thank you and good luck to Mr Zeoli, Miss Myemoona, Miss Ayeni, Miss Turley and Miss Engler who are all leaving for pastures new. We are so grateful to you for all your hard work and care you have shown this year.

We are back on Wednesday 4<sup>th</sup> September at 8.50am (gates from 8.40am), with a different settling-in timetable for Nursery and Reception.

Please find a table on the next page of all dates of events that we have already planned in, with lots of other trips and workshops being booked by the teachers over the summer and details to follow.

From page 3 see a little update from the PFE about the amazing work they've been doing all year and about an exciting summer project...

Have a wonderful summer and we look forward to seeing you refreshed and ready for 2024-2025!

The Emmanuel Team

## [Diary Dates](#) – click here for our school calendar

### Here is a list of important dates for the Summer Term:

**Key:**

	PFE events
	In-school events to which parents are invited
	Dates to note

Date	Event	Year group	Location
Sunday 1 <sup>st</sup> September 10.30am	Blessing of the Backpacks service	All	Emmanuel Church
Monday 2 <sup>nd</sup> and Tuesday 3 <sup>rd</sup> September	INSET Days	All	
Wednesday 4 <sup>th</sup> September 8.50am	Children back to school	Year 1-6	
Thursday 19 <sup>th</sup> September 9-11am	Brass starts	Years 5 and 6	School hall
Thursday 19 <sup>th</sup> September 7.30pm	Welcome drinks (adults only)	All	The Black Lion
Friday 27 <sup>th</sup> September 9.15am	Open Classroom	Year 6	Year 6 classroom
Friday 27 <sup>th</sup> September 2pm	PFE tea concert	Some children	School hall
Friday 4 <sup>th</sup> October 9.15am	Open Classroom	Year 5	Year 5 classroom
Monday 7 <sup>th</sup> October 9am	Individual photos	Years 1-6	
Friday 11 <sup>th</sup> October 9.15am	Open Classroom	Year 4	Year 4 classroom
Monday 14 <sup>th</sup> October 9am	EYFS individual and whole school sibling photos		
Friday 18 <sup>th</sup> October 9.15am	Open Classroom	Year 3	Year 3 classroom
Friday 25 <sup>th</sup> October 9.15am	Open Classroom	Year 2	Year 2 classroom
wb Monday 28 <sup>th</sup> October	Half term		
wb Monday 4 <sup>th</sup> November	Bikeability	Year 6	MUGA
Wednesday 6 <sup>th</sup> November	Nasal vaccine	Rec – Year 6	The Brainbox
Thursday 7 <sup>th</sup> November 7.30pm	PFE Quiz Night (adults only)	All	School hall
Friday 8 <sup>th</sup> November 9.15am	Open Classroom	Year 1	Year 1 classroom
wb Monday 11 <sup>th</sup> November	Bikeability	Year 5	MUGA
Wednesday 27 <sup>th</sup> November 3.30 – 6pm	Parent Consultations	All	School hall
Friday 29 <sup>th</sup> November	INSET Day	All	
Monday 2 <sup>nd</sup> December	St Andrew's Day – wear blue	St. Andrew's House	
Tuesday 3 <sup>rd</sup> December 3.30 – 6pm	Parent Consultations	All	School hall
Thursday 5 <sup>th</sup> December 2.15pm	Brass Concert	Year 5 and 6	School hall
Friday 6 <sup>th</sup> December 2pm	Christmas Panto	All	School hall
Saturday 7 <sup>th</sup> December 1 – 5pm	PFE Christmas Fayre	All	MUGA
Monday 9 <sup>th</sup> December 3.30pm	Christingle Service	Rec – Year 6	Emmanuel Church
Thursday 12 <sup>th</sup> December	Christmas jumper day	All	
Thursday 12 <sup>th</sup> December 2pm	EYFS Christmas Show	Nursery and Reception	School hall
Friday 13 <sup>th</sup> December	Christmas Lunch	All	
Wednesday 18 <sup>th</sup> December 2pm	Nativity performance	Year 1 and Year 2	School hall
Thursday 19 <sup>th</sup> December 10am	Nativity performance	Year 1 and Year 2	School hall
Friday 20 <sup>th</sup> December 12.30pm	Last day of term	All	

\*Please note that some trips will be added over the course of the term



24 JULY 2024

# PFE HAPPENINGS

## THAT'S A WRAP!!!

*Well, hi-diddly-ho, Emmanuel Campers!*

We, the PFE, wanted to let you know ALL THE THINGS; especially all the things that happened this year! The money we made, the target we HIT aaaaaaaaannnnnnnd what DID we do with ALL THAT MONEY?! First things first, to quote Jessie J:

**Let's talk about the money, money, money!**

**THIS YEAR, WE  
SET OURSELVES  
A GOAL OF  
£30,000 . . .  
HOW'D WE DO?**

*turn the page . . .*

**OUR  
TARGET  
THIS YEAR**



DO YOU REMEMBER THIS  
FROM EARLIER THIS YEAR?

## THE BIG THERMOMETER!

£40,000

£30,000

£20,000

**PFE**  
PARENTS & FRIENDS OF  
EMMANUEL

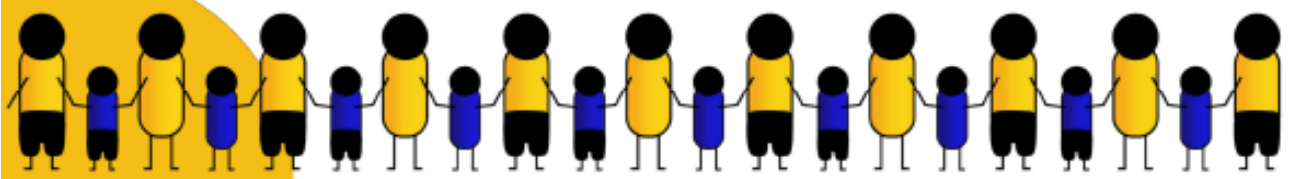
**WE MORE  
THAN HIT  
OUR GOAL!**

**WE RAISED,  
DRUM ROLL,  
PLEASE:**

**£38,769!!!**

THIS IS SO CLOSE TO OUR  
HUUUUUGE **STRETCH GOAL**  
OF £40,000. WELL DONE!

*how'd we do it? turn the page...*



So, in the vein of the song, "The Periodic Table," here's what we did and how we spent your donations (DEEP BREATH):

Welcome BBQ, Christmas Fair, Quiz Night, PFE Challenge, World Book Day, Movie Night, London Marathon, SEN Evening, Olympic Relay Race, Summer Fair, International Evening, Christmas Crackers, Easter Eggs, Panto, End-of-Year Disco, Ice Cream Sale, Uniform Rail, X-Mas Tree, Projector for Church, **bought for these events:** Candy Floss Machine, Popcorn Machine, Bose Speaker, Reusable Cups, Parentkind Membership, and then **spent the money on:** Chromebooks, Literary Resources, EYFS Furniture, MUGA Divider Net Replacement, aaaaaand Latin Lessons. (exhales!)

*Don't believe us? We have evidence!!*



*what really made the magic happen?*

*turn, turn, turn the page . . .*



## **PFE is ALL about the people - truly . . .**

There were people who ran, an opera singer who cleaned toilets, little people selling lemonade, slightly less little people making balloon dogs for school mates, only the CIRCUS who was in town, loads of people who ran the BBQ, and made an absolute SHED LOAD of food . . . Honestly? This year's community was really SOMETHING ELSE.

From our sponsors - KFH, Oakhill, Paramount - to the incredible folks at Emmanuel's office (Ms Conroy and Mrs Lubert), the school council, and many students who stepped in and helped at all the events. And, of course, the Emmanuel team - from Mr Bloomer, through to the inimitable Ms Roscoe, who just rolled her sleeves up and got stuck in, in the most INCREDIBLE way.

And, of course, YOU, dear friends. You. Your support, whether you cooked, sold things, donated uniforms, made copious amounts of lemonade, made cotton candy, cooked 75 tonnes of pasta, painted 945,681 faces (we see you, Qendresa), YOU have helped us raise the money to support our school and, ultimately, OUR CHILDREN. Thank you for all that you've done for our Emmanuel children this year. Now . . .

**Let's take the summer off and come back in September to go BIGGER than EVER! And, boy, will we ever . . .**

**BECAUSE PFE HELPED FUND  
ONE MORE AMAZING THING . . .**





BRAND NEW



# PLAYGROUNDS!

That's right! This summer, our school is having wonderful new outdoor equipment installed at the Alpha and Omega Buildings!



**CAN'T WAIT TO  
SEE YOU ALL IN  
SEPTEMBER!**





## Helping to support your child's transition from the end of the school year to the beginning of the next or moving schools

Transitioning from the current year to a new phase of school can be a difficult time for children as the change may bring up more complex emotions than usual. Here is a selection of end of year/transition activities that can support children to manage their feelings and learn coping strategies as well as feel prepared for the new start in September.



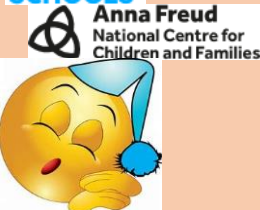
### Memorable moments from the year

- Pupils are asked to write a list of memorable moments. They can then draw or write their favourite one in their jar. This is a lovely keepsake <https://www.elsa-support.co.uk/memorable-moment-jar-transition/>
- A template for talking about feelings about their time in the current year:

**Reflection** - Ask children to write a review of what they have done well this year and what they would like to achieve in their next year. They can use an envelope or make an envelope and prepare/draw or write down their top 10 memories over the course of the academic year, such as favourite trip, favourite books, things I learnt this year, etc - <https://www.elsa-support.co.uk/wp-content/uploads/2018/06/Last-day-memories.pdf>



**MENTALLY HEALTHY SCHOOLS**



Mentally Healthy Schools and Anna Freud have teamed up to create toolkits to support children and families:

- **Managing transitions** - <https://www.mentallyhealthyschools.org.uk/resources/dealing-with-change-and-transitions-toolkit/?searchTerm=transitions>
- **Getting a good night's sleep** - <https://www.mentallyhealthyschools.org.uk/factors-that-impact-mental-health/lifestyle-factors/sleep/?searchTerm=sleep>

### Find Your Feet at Secondary School: for Year 6 Pupils

Young Minds have activities to help Year 6 pupils transition to Year 7 <https://youngminds.org.uk/resources/school-resources/find-your-feet-transitions-activity-for-year-6-pupils/>

**YOUNGMINDS**

**Worry Ladder**- This is where you ask the children to draw a ladder. Then you get them to order their worries, putting the bigger ones at the top of the ladder etc. Prioritising worries can help them all seem less overwhelming.

**Hope heart/leaf** - Children draw/paint or create a leaf or heart, whichever is easiest and then write their hopes for the year ahead.

**Pledge for next year** - what do they want to achieve next year? Help them to write a list of 6-8 things they want to improve, related to their learning, subjects or behaviour



### Worried about meeting new friends at a new school?

- This is an activity about 'Interesting things to share and ask' and is suitable for supporting pupils who are afraid that they won't make friends when they go up to a new school or class. <https://www.elsa-support.co.uk/wp-content/uploads/2016/06/Interesting-things-to-share-and-ask.pdf>



### Holiday activities

- Wellbeing challenge pack: <https://www.elsa-support.co.uk/holiday-wellbeing-challenge-elsa-support-2024/>
- The holiday memories takeaway bag activity is to reflect on all the good things that have happened over the holiday period. <https://www.elsa-support.co.uk/takeaway-bag/>