

FROM ALPHA TO OMEGA



'Life in all its fullness'

(JOHN 10:10)



Weekly newsletter
Friday 20th September 2024

Dear parents and carers,

It's been another brilliant week at Emmanuel, with lots of brilliant learning going on including a fantastic storytelling workshop for Years 5 and 6, and a History lesson in Year 4 which involved timelines and 5 entire toilet rolls! You'll have to ask Mr Souster about that one!

Ofsted

Two months to the day after our inspection, the report finally arrived. Although we were delighted with our outcome that "the inspection grade might be outstanding if a graded inspection were carried out now", what I was most proud to read her carefully chosen words which reflected our school and its community so perfectly. I am honoured to lead a school in which "pupils are nurtured to develop their full potential" and where "pupils are very motivated to come to school because they enjoy learning and being with their friends". Emmanuel is a truly exceptional place and I can't wait to see what this year holds in store for us. You can read the full report [here](#) and the letter from Rob Marshall, our Chair of Governors, [here](#).

PFE AGM

Last night we held the AGM for the PFE to communicate how much money was raised last academic year, how much was spent, and what potential future projects there might be. A new committee was also elected, so Jo Macdonald will be the Chair, Tomasz Boniek the Treasurer, Kate Roscoe the Secretary and Jax Dynowski the Comms Officer. There are lots of ways that you can get involved, so please approach your class rep (a list of whom can be found on our PFE page [here](#)) if you would like to volunteer for a particular event. We would also like to extend our thanks to the outgoing Co-Chair Lynsey Rismani for all her hard work and enthusiasm for the past two years. The PFE is such an important and vibrant part of our school community and we're so grateful to you all!

Road Safety

We've become aware that we've had some near misses on Mill Lane in the last week, with children being dropped off on the Alpha side and walking across Mill Lane through the traffic to get to Omega. If children are walking to or from school alone or if you are dropping them not quite to the Omega gate, please encourage them to use the zebra crossing. Unfortunately, 8.50 and 3.20 are when Mill Lane is at its busiest, and even though at Emmanuel we promote good punctuality, safety is paramount and all precautions should be taken to ensure that children get to school in the safest way possible.

Attendance: Our school target for attendance is 96%. Well done to Year 3 who achieved the highest attendance this week with 100%

Class	Attendance
Nursery	96%
Reception	96.7%
Year 1	98.1%
Year 2	98.1%
Year 3	98.9%
Year 4	96%
Year 5	89.7%
Year 6	95.3%
School	96.1%

Wishing you a lovely weekend,

The Emmanuel Team

Year 6 Literacy Workshop

Year 6 participated in a literacy drama workshop on Wednesday 18th September. It was about a boy called Sam who was lost in the magical forest and later went on to meet another character. They both had to work together and defeat the shadow demon.

As a class, we were separated into three groups and we had the chance of creating our own ends to the story. Each group had to role play their endings - one group made a trap, and the other one a cave. It was a really fun and exciting interactive workshop which we all enjoyed!

By Diana Year 6



[Diary Dates](#) – click here for our school calendar

Here is a list of important dates for the Summer Term:

Key:

	PFE events
	In-school events to which parents are invited
	Dates to note

Date	Event	Year group	Location
Friday 27 th September	Cross Country	Some Y3-6	Hampstead Heath
Friday 27 th September 8.55am	Open Classroom	Year 6	Year 6 classroom
Monday 30 th September	Trip to British Museum	Year 3	British Museum
Friday 4 th October 9.15am	Open Classroom	Year 5	Year 5 classroom
Monday 7 th October 9am	Individual photos	Years 1-6	
Friday 11 th October 9.15am	Open Classroom	Year 4	Year 4 classroom
Monday 14 th October 9am	EYFS individual and whole school sibling photos		
Friday 18 th October 9.15am	Open Classroom	Year 3	Year 3 classroom
Friday 25 th October 9.15am	Open Classroom	Year 2	Year 2 classroom
wb Monday 28 th October	Half term		
wb Monday 4 th November	Bikeability	Year 6	MUGA
Wednesday 6 th November	Nasal vaccine	Rec – Year 6	The Brainbox
Thursday 7 th November 7.30pm	PFE Quiz Night (adults only)	All	School hall
Friday 8 th November 9.15am	Open Classroom	Year 1	Year 1 classroom
wb Monday 11 th November	Bikeability	Year 5	MUGA
Wednesday 27 th November 3.30 – 6pm	Parent Consultations	All	School hall
Friday 29 th November	INSET Day	All	
Monday 2 nd December	St Andrew's Day – wear blue	St. Andrew's House	
Tuesday 3 rd December 3.30 – 6pm	Parent Consultations	All	School hall
Thursday 5 th December 2.15pm	Brass Concert	Year 5 and 6	School hall
Friday 6 th December 2pm	Christmas Panto	All	School hall
Saturday 7 th December 1 – 5pm	PFE Christmas Fayre	All	MUGA
Monday 9 th December 3.30pm	Christingle Service	Rec – Year 6	Emmanuel Church
Thursday 12 th December	Christmas jumper day	All	
Thursday 12 th December 2pm	EYFS Christmas Show	Nursery and Reception	School hall
Friday 13 th December	Christmas Lunch	All	
Wednesday 18 th December 2pm	Nativity performance	Year 1 and Year 2	School hall
Thursday 19 th December 10am	Nativity performance	Year 1 and Year 2	School hall
Friday 20 th December 12.30pm	Last day of term	All	

*Please note that some trips will be added over the course of the term



**Supporting our pupils' Mental Health and Wellbeing
EYFS parent/carer workshop**

Save the date! Wednesday 9 October at 2-3pm followed by discussion/Q&A

Workshop for our Nursery and Reception parents on 'Supporting children with their emotions and resulting behaviours'

Where: Top room of the Alpha building

Does your child struggle with their emotions? Do they have angry outbursts, tantrums, anxious episodes, show defiant behaviours, struggle with change or appear withdrawn? Sometimes it may feel completely out of the blue.

All Nursery and Reception parents/carers are invited to our next workshop (above the Alpha building) which will share information, ideas and strategies on how to support children who show emotional dysregulation. This includes:

- Understanding the Zones of Regulation framework and how we use it at school.
- How to use 'Emotions Coaching' to support children to understand and recognise their emotions, guiding them through reflection and problem solving to agree what they could do differently to ensure they make good choices in future.
- Discuss and share ideas that can help prevent big emotions: understand what's in their control and not in their control; setting boundaries for behaviour and knowing when it is the right time to have a conversation about their emotions and behaviours; challenging negative thoughts which can overwhelm them in the moment; and tips for positive wellbeing.
- Building resilience and coping skills to help with changes and events which can cause additional stress such as playdates, performances, changes at home and changing schools.

If you would like to register for this workshop, please email Mrs Watkins, at wellbeing@emmanuel.camden.sch.uk or let the office know.





The Tavistock and Portman
NHS Foundation Trust

Mental Health Support Team
Integrated Schools' Service
Camden CAMHS

|

Mental Health Support Team (MHST) Webinar Series for Parents/Carers of Primary School aged Children and Secondary School aged Young People

Dear SENDCo/DMHL/MHST link

The MHST are pleased to offer parents/carers a series of workshops to support their children's well-being. This year we now have 10 topics in total with workshops being offered from September to June 2025.

Webinars that are for both Parents/Carers of Primary and Secondary aged children and young people

- Parent Self Care
- Therapeutic conversations with your child and young person
- Sleep
- Screen Time
- Sibling relationships

Webinars for Parents/Carers of Primary aged children

- Parent-child interactions
- Managing routines
- Supporting Childhood worries

Webinars for Parents/Carers of Secondary aged Young People

- Anxiety in Adolescence
- Understanding Adolescent Development

Each workshop will last up to 60 minutes and have an optional follow-up of 30 minutes for parents/carers to ask questions or discuss the topic further. Parents and carers can opt in for all topics, or whichever most appeals to them.

To find out more information about each workshop and to sign up for free, please follow Eventbrite link:

<https://www.eventbrite.co.uk/e/mhst-parent-and-carer-online-workshop-series-2024-2025-tickets-1008208567967>

School visionaries

Congratulations to these children for showing our school vision and values this week:
From Alpha to Omega - life in all its fullness. (John 10:10)

Rashaan and Sarah in Year 1
Millie and Olive in Year 2
Kira and Maeve in Year 3
Josh and Euan in Year 4
Ava and Paris in Year 5
Ali and Efunsetan in Year 6



FORTUNE GREEN CHOIR

come



with us

Tuesdays 7.00 - 8.30pm

Emmanuel Church, Lyncroft Gardens, NW6 1JU

www.fortunegreenchoir.org.uk

New term starts 17 September 2024

A fun & accessible community choir
Just commit to sing, have fun & join in
First session free taster for newbies

No auditions

No need to read music

Songs from musicals to classical

fortunegreenchoir@gmail.com for more info

**TREASURE
BOXING CLUB**
EST. 2008

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VIOLENCE REDUCTION UNIT



**FREE
BOXING
CLASSES**

CAMDEN ACTIVITY PROGRAM

**THURS
DAYS**



**5PM: CHILDREN
6-12 YEARS OLD**



**6PM: YOUNG PEOPLE
13-25 YEARS OLD**



**7PM: FEMALE ONLY
13 YEARS OLD +**

**VENUE: STEVE SMITH HALL PEABODY - CUMBERLAND
MARKET REDHILL STREET NW1 4AX**

**EMAIL FOR WEEKLY SIGN UP FORM AND REGISTRATION INFO:
INFO@TREASUREBOXINGCLUB.COM**

**NO PARKING NEAREST TUBE: GREAT PORTLAND STREET, MORNINGTON
TERRACE, CAMDEN TOWN AND WARREN ST. NEAREST BUS: 88 AND 24**

PLEASE HELP CAMDEN FOODBANK



Camden Foodbank is a local charity supporting adults and children in food crisis. In the past 12 months the Trussell Trust group of foodbanks gave over 3.1 emergency food parcels to people in food crisis with over 1.1 million of these parcels being given out to children. The winter months are the worst for people with no access to food as they also need to keep warm to survive.

HOW CAN YOU HELP? Please donate **targeted food** to help Camden Foodbank make up emergency parcels or please donate money.



HOW TO DONATE FOOD BY HAND?

DAY	TIME OPEN	ADDRESS
Everyday	8am – 10pm	Camden Town Methodist Church, Wesley Hotel, Camden Town, 89 Plender Street, NW1 0JN.
Everyday	8am – 10pm	The Wesley Hotel, 81-103 Euston Street, NW1 2EZ.
Tuesday	11.30am - 3pm	Camden Foodbank, 14 Pratt Mews, NW1 0AD.
Friday	11.30am - 3pm	Camden Foodbank, 14 Pratt Mews, NW1 0AD.
Sunday	10am - 12pm	Camden Foodbank, 14 Pratt Mews, NW1 0AD.

HOW TO DONATE FOOD OVER THE NET?

DAY	TIME	ADDRESS
Tuesday or Friday	11.30am – 2pm	Camden Foodbank, 14 Pratt Mews, NW1 0AD.

HOW TO DONATE MONEY?

THROUGH JUST GIVING

<https://checkout.justgiving.com/c/3445418>

100% of your donation will go directly to Camden Foodbank.

Selecting **GIFT AID** which will increase your donation.

FOR CHEQUES/DIRECT DEBITS AND OTHER WAYS OF GIVING <https://camden.foodbank.org.uk/give-help/donate-money>

Camden Foodbank 14 Pratt Mews, London NW1 0AD.

Phone for food deliveries only Tuesdays and Fridays – 020 7387 4551

info@camden.foodbank.org.uk

URGENTLY NEEDED TARGETED FOOD

- Tinned Meat
- Tinned Fish
- Tinned Vegetables
- Tinned Soup
- Tinned Fruit
- Tinned Tomatoes
- Pasta & Pasta Sauce
- Rice
- Biscuits
- Jam and Honey
- Baked Beans
- Cereal
- Longlife Milk
- Longlife Juice
- Toothbrush & Toothpaste
- Soap/Shower Gel
- Toilet Rolls
- Laundry Powder



Just Giving
for
Camden
Foodbank



SENsory Explorers

at Camley Street Natural Park

© Katrina Duffy

Sundays in 2024:

August 25th

September 22nd

October 20th

November 17th

December 15th



10am – 11pm

Meeting point: Kingfisher Cafe

SENsory Explorers are quiet sessions where families with children who have additional needs can engage and immerse themselves in nature.

These sessions offer a welcoming and supportive environment where families can learn and connect in nature.

This is a free event but please book a place by scanning the QR code.



Protecting
London's
wildlife for
the future

To find out more about these events, including accessibility details, please visit
www.wildlondon.org.uk/events



- The No.1 Science Activity Holiday Camp
- For All Boys & Girls Aged 5-12 Yrs
- New STEAM Activities Every School Holidays
- Find Your Closest Location Online in 10 Secs

OCTOBER HALF-TERM STEAM HOLIDAY CAMP

Week A: Mon 21 Oct to Fri 25 Oct 2024 (5 Days)

Week B: Mon 28 Oct to Fri 01 Nov 2024 (5 Days)

*Check Online with your Home Postcode, for which Dates and Weeks are Running at your Closest Location



FUN, Hands-On, Spooky Science Experiments with Take-Home's in Every Activity Week!

Book Online:
mnature.co.uk

Or, Call:
020 8863 8832



Early Booking Discount Available!

"BEST CAMP EVER"

Read Parent Reviews at **feefo** ★★★★★
Independent Service Rating

Ofsted

Registered
Childcare Voucher
GTPC, CGPS,
Universal Credit
Accepted

Scan Me!



Information: Autumn Half-term October 2024

In this spooky 5-day Holiday Science Activity Camp, your children enjoy lots of premium fun, hands-on, chemistry, biology and physics STEAM activities and special demonstrations with take home experiments (see below).

* Dates*:

Week A: Mon 21 Oct-Fri 25 Oct 2024 (5 days)

Week B: Mon 28 Oct-Fri 01 Nov 2024 (5 days)

*Check online for which weeks are running at your Location

* Times: 9am - 3:30pm (6.5hrs)

Extended Hours: 8:30am; latest collection 4pm

- simply add when booking online

* Open to Children: aged 5-12 years

* Locations: across Greater London (look right->)

Halloween Science! - New 2024 Activities

Day 1> Atomic Monsters!

Getting To Know You!
Viral Viruses!
Pumpkin Life Cycle!
Haunted House!

Day 2: Goey Genius!

Eerie Eruptions!
Spooky Slime!
Witch's Cauldron!

Day 3: Trick or Treat!

Blood Making!
Skelly, the 3D Skeleton!
Witchcraft Illusions!

Day 4: Witchcraft Science!

Flying Bats!
Spooky Spider Webs!
Broom Zoom!

Day 5: Toll & Trouble!

Brain Building!
Manic Bone Hand!
Dancing Franken-Worms!

and many, many more cool science demonstrations, experiments, games and quizzes!...

Early Bird and Multi-Book DISCOUNT!

Haunted School Venues this Halloween Serving:

NW London

- Barnet
- Brent
- Camden
- Ealing
- Harrow
- Hillingdon
- Westminster

NE London

- City of London
- Enfield
- Haringey
- Islington
- Tower Hamlets
- Waltham Forest

SW London

- Kensington
- Hammersmith and Fulham
- Hounslow
- Kingston
- Merton
- Richmond
- Sutton
- Wandsworth

See online for full list...

Google: Say "Mother Nature Science Day" ★★★★★

Book online at:
www.mnature.co.uk

Or call us today:
020 8863 8832



Parent Testimonial:
"Science camp has inspired my child to learn more and he adores it, which says a lot about the teaching. It was incredibly reassuring to know he was in good hands. Highly recommend it. We will definitely be back for more!"



Did You Know?
we also do
THE BEST BIRTHDAY PARTY EVER!