

## FROM ALPHA TO OMEGA



**'Life in all its fullness'**

(JOHN 10:10)



Weekly newsletter  
Friday 4<sup>th</sup> October 2024

Dear parents and carers,

We've had a lovely week at school, and I've been in everyone's lessons to see all the brilliant learning that's been going on. Next week we hope it will stay dry enough for Cross Country on Hampstead Heath on Friday for those who were selected, and as a result of its rescheduling, Year 4's Open Classroom will begin at 8.55am to give the Year 4 competitors time to fit both of these lovely events in.

### School Photo Day

It's Year 1 – 6 individual photo day on Monday morning, with Nursery and Reception and siblings' photos taking place the following week.

### PFE Preloved clothes sale for grown-ups (6y-106y) 😊 - proceeds go to Emmanuel school

The PFE will be running a clothes sale after school on Friday 18th October. Male and female items in great condition at great prices.

Whilst we have clothes already that are to be sold, if you do have items you'd like to donate please get in touch with Marlena (parent Y5/Y2) on 07712625281 to check if more are needed.

### PFE Quiz Night

It's that time of year! Get yourself a team and head to the PFE Quiz Night on Thursday 7<sup>th</sup> November! It's a child-free event so there will be drinks and nibbles aplenty.

Wishing you a lovely weekend,  
The Emmanuel Team

**PFE**  
PARENTS & FRIENDS OF  
EMMANUEL

# Quiz Night

Do you have what it takes to be the ultimate quiz champion?  
Then gather your friends and join us for Quiz Night at Emmanuel  
CoE School!!

£5 entry - Bring a team!

**THURS, 7TH NOV 2024**

**START AT 7:30 PM** | **EMMANUEL COE SCHOOL**  
**152 MILL LANE**

*Organised by the PFE*

**Attendance:** Our school target for attendance is 96%. Well done to Year 3 and Year 4 who achieved the highest attendance this week with 100%

Class	Attendance
Nursery	84.3%
Reception	98.5%
Year 1	98.1%
Year 2	96.7%
Year 3	98.1%
Year 4	96.2%
Year 5	87.8%
Year 6	95.2%
School	95.3%

#### A word from our vicar...

Dear Emmanuel,

You are all very welcome to join us at any of our services in the coming week. On Sunday and Monday, we will be celebrating Harvest Festival and collecting donations for West Hampstead Community Foodhub. We would love to make a really big donation this year and be grateful for your contribution! Children can bring their donation to any of the church services on Sunday or to school on Monday morning.

Today, Friday is World Animal Day, otherwise known as the Feast of St Francis! To mark this, we will be having a Blessing of the Animals service on Sunday afternoon. Children are welcome to bring their pet, a photo of a pet or of an animal they sponsor and we will pray and give thanks for the creatures big and small in our world!

On Monday we will hold a silent vigil in the church at 7:15pm. This is to mark a year since 7<sup>th</sup> October and to set aside time to pray, remember, lament the atrocities that have been the daily life experience of the people of the Middle East.

Next week is also Baby Loss Awareness Week. On Thursday 10<sup>th</sup> October at 8pm we will hold a service of light and remembrance for those who have lost babies. However recent or not your loss may be, you are very welcome to come and light a candle with us.

With warmest good wishes,  
Reverend Trin

## [Diary Dates](#) – click here for our school calendar

Here is a list of important dates for the Summer Term:

Key:

	PFE events
	In-school events to which parents are invited
	Dates to note

Date	Event	Year group	Location
Monday 7 <sup>th</sup> October 9am	Individual photos	Years 1-6	
Friday 11 <sup>th</sup> October 8.55am**	Open Classroom	Year 4	Year 4 classroom
Friday 11 <sup>th</sup> October	Cross Country	Some Years 3-6	Hampstead Heath
Monday 14 <sup>th</sup> October 9am	EYFS individual and whole school sibling photos		
Friday 18 <sup>th</sup> October 9.00am***	Open Classroom	Year 3	Year 3 classroom
Monday 21 <sup>st</sup> October	Superhero Day	All	
Friday 25 <sup>th</sup> October 9.00am***	Open Classroom	Year 2	Year 2 classroom
wb Monday 28 <sup>th</sup> October	Half term		
wb Monday 4 <sup>th</sup> November	Bikeability	Year 6	MUGA
Wednesday 6 <sup>th</sup> November	Nasal vaccine	Rec – Year 6	The Brainbox
Thursday 7 <sup>th</sup> November 7.30pm	PFE Quiz Night (adults only)	All	School hall
Friday 8 <sup>th</sup> November 9.00am***	Open Classroom	Year 1	Year 1 classroom
wb Monday 11 <sup>th</sup> November	Bikeability	Year 5	MUGA
Wednesday 27 <sup>th</sup> November 3.30 – 6pm	Parent Consultations	All	School hall
Friday 29 <sup>th</sup> November	INSET Day	All	
Monday 2 <sup>nd</sup> December	St Andrew's Day – wear blue	St. Andrew's House	
Tuesday 3 <sup>rd</sup> December 3.30 – 6pm	Parent Consultations	All	School hall
Thursday 5 <sup>th</sup> December 2.15pm	Brass Concert	Year 5 and 6	School hall
Friday 6 <sup>th</sup> December 2pm	Christmas Panto	All	School hall
Saturday 7 <sup>th</sup> December 1 – 5pm	PFE Christmas Fayre	All	MUGA
Monday 9 <sup>th</sup> December 3.30pm	Christingle Service	Rec – Year 6	Emmanuel Church
Thursday 12 <sup>th</sup> December	Christmas jumper day	All	
Thursday 12 <sup>th</sup> December 2pm	EYFS Christmas Show	Nursery and Reception	School hall
Friday 13 <sup>th</sup> December	Christmas Lunch	All	
Wednesday 18 <sup>th</sup> December 2pm	Nativity performance	Year 1 and Year 2	School hall
Thursday 19 <sup>th</sup> December 10am	Nativity performance	Year 1 and Year 2	School hall
Friday 20 <sup>th</sup> December 12.30pm	Last day of term	All	

\*Please note that some trips will be added over the course of the term

\*\*Due to Cross Country

\*\*\*Other Open Classroom timings changed because 9.15am proved much too late!

## Black History Month

October 2024

Next week we will be celebrating Black History Month. Throughout next week, your child will be learning about different influential black people who have shaped the world. We will also be reading and sharing different stories and discussing these in our classes.

**If any parents would like to come into school and talk to/work with the children you would be most welcome. It could be anything from reading to the class, cooking with the children or making music or dance together. Please speak to your child's class teacher to arrange.**

Ms Siraj

Below are some of the books we will be looking at:





## Volunteer for C4WS Night Shelter



Emmanuel Church will be participating in Season 21 of the C4WS Night Shelter, and we need your help to ensure its success. The shelter is emergency accommodation that offers guests a 28-day stay and a caseworker who will provide holistic welfare support. Whilst in the shelter, guests have access to support pertaining to employment, education, immigration and can attend weekly English classes. Since 2006, the Winter Shelter has been hosted in rotation by supporting churches. Members of the community volunteer their time to cook and provide companionship to guests. Every effort is made to make guests feel comfortable and at home. We very much hope that you'll want to sign up this season to support a worthy activity!

This year, we'll be hosting guests on Tuesday nights from 5 November 2024 to 28 January 2025, and then on Sundays from 2 February to 2 March 2025.

The volunteer slots are now available for you to sign up for on SignUp.Com using the QR Code or by following this link: <https://signup.com/go/SSnaeWg>. Please feel free to share this information to anyone else you know in the community you think may be interested in supporting the Night Shelter.

There are several jobs/timeslots for which you can volunteer:

- Providing a light welcome snack
- Cooking the evening meal and/or dessert
- Set up beds/the dinner area
- Dinner service
- Overnight host
- Morning shift



## Year 3 Trip to the British Museum



## New team to lead our Emmanuel Express pupil newspaper



Our pupil newspaper, the Emmanuel Express, has been created by our pupils for 10 years now and is enthusiastically led each year by a team of Y6 managers and Class Reps.

We are delighted to announce that this year our Y6 Express Managers are Quinn, Cody and Kaede. They will work with Mrs Watkins to help speak to the classes, communicate with Class Reps and prepare the termly newspaper.

This term's Class Reps have been voted as:

Year 2 – James, Tessa and Ingrid

Year 3 – Ioanna and Anna

Year 4 – Thomas and Josh

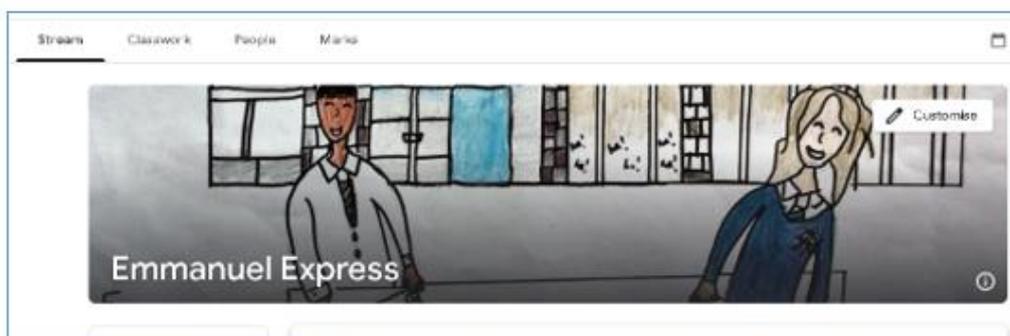
Year 5 – Maisie and Ella.

The team met this week to talk about ideas to help improve this year's newspapers and will be speaking to their classes for suggestions and articles.

**We always remind the children that any pupil can write for the newspaper, they don't have to be on the team. This can be done in early morning time and given to their Class Rep or done at home by uploading it to the Emmanuel Express Google Classroom. Every child should have this on their Google Classroom homepage once they have accepted it.**



We looked forward to sharing this end of year edition later in the term!





## Pupil voice: We have a new School Council!

Each year, the school forms an elected team of children from Years 2 - 6 to help make sure the views of all pupils are heard, organise school events such as Emmanuel's Got Talent and help with fundraising for the school or national charities. Any child from those classes can put themselves forward. After speaking to the rest of their class about why they wanted to be on the School Council, their class voted for the 2 children who they felt could best represent them on the team. For those classes where there was a draw we have 3 reps! We are pleased to announce that they were as follows:



**Year 2 - Vinnie, Ishaan and Eliza**

**Year 5 - Ben and Tiggy**

**Year 3 - Heath, Zuzana and Leon**

**Year 6 - Olivia and Ethan**

**Year 4 - Eddie and Dhilan**

The new School Council have already met with Mrs Watkins to learn more about their role and planning for the year ahead. More news to come!



## School visionaries

Congratulations to these children for showing our school vision and values this week:  
**From Alpha to Omega - life in all its fullness. (John 10:10)**

Erin and Louis in Year 1  
Rotimi and Eliza in Year 2  
Clara Louise and Freja in Year 3  
Eric and Lucie in Year 5  
Yasmine and Isla in Year 4  
Rio and Isla in Year 6





## Supporting our pupils' Mental Health and Wellbeing EYFS parent/carer workshop

**Save the date!** Wednesday 9 October at 2-3pm followed by discussion/Q&A

Workshop for our Nursery and Reception parents on **'Supporting children with their emotions and resulting behaviours'**

**Where: Top room of the Alpha building**

Does your child struggle with their emotions? Do they have angry outbursts, tantrums, anxious episodes, show defiant behaviours, struggle with change or appear withdrawn? Sometimes it may feel completely out of the blue.

All Nursery and Reception parents/carers are invited to our next workshop (above the Alpha building) which will share information, ideas and strategies on how to support children who show emotional dysregulation. This includes:

- Understanding the Zones of Regulation framework and how we use it at school.
- How to use 'Emotions Coaching' to support children to understand and recognise their emotions, guiding them through reflection and problem solving to agree what they could do differently to ensure they make good choices in future.
- Discuss and share ideas that can help prevent big emotions: understand what's in their control and not in their control; setting boundaries for behaviour and knowing when it is the right time to have a conversation about their emotions and behaviours; challenging negative thoughts which can overwhelm them in the moment; and tips for positive wellbeing.
- Building resilience and coping skills to help with changes and events which can cause additional stress such as playdates, performances, changes at home and changing schools.

If you would like to register for this workshop, please email Mrs Watkins, at [wellbeing@emmanuel.camden.sch.uk](mailto:wellbeing@emmanuel.camden.sch.uk) or let the office know.





# HARVEST FESTIVAL

at Emmanuel Church,  
West Hampstead

## Supporting the West Hampstead Food Hub

**SUNDAY 6 OCTOBER**

We will collect food at all three  
Sunday services & at Monday  
school worship



Scan QR code to find  
out what to donate.

[info@emmanuelnw6.com](mailto:info@emmanuelnw6.com)  
[www.emmanuelnw6.com](http://www.emmanuelnw6.com)

# PEACE VIGIL



**A silent vigil for peace in the  
Middle East**

**Monday 7 October**

**7.15pm**



**All welcome.**

**Emmanuel Church  
West Hampstead**

**[info@emmanuelnw6.com](mailto:info@emmanuelnw6.com)  
[emmanuelnw6.com](http://emmanuelnw6.com)**



**Emmanuel Church, West Hampstead**

# **PET BLESSING**



**A service of thanksgiving for all animal companions – bring your pet!**

**Sunday 6 October**  
**4pm, in the church garden**

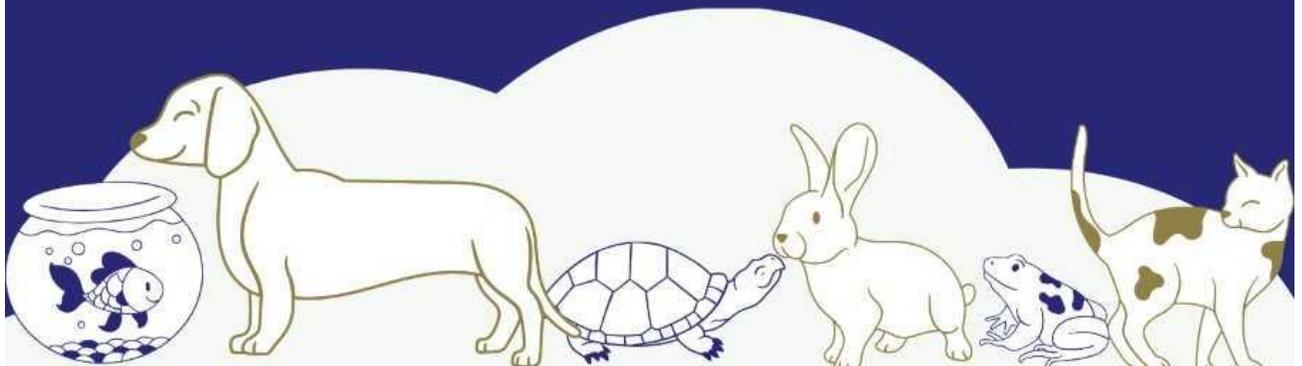


**All creatures (great & small!) welcome**

**Lyncroft Gardens, NW6 1JU**

**[info@emmanuelnw6.com](mailto:info@emmanuelnw6.com)**

**[emmanuelnw6.com](http://emmanuelnw6.com)**



**Emmanuel Church  
West Hampstead**



# **BABY LOSS SERVICE**

## **Thursday 10 October**

### **8pm**

**A quiet service of remembrance  
for all who have experienced  
baby loss.**

**Whether your loss is recent or many  
years ago, you are welcome.**

**Lyncroft Gardens, NW6 1JU  
info@emmanuelnw6.com  
emmanuelnw6.com**