

FROM ALPHA TO OMEGA



'Life in all its fullness'

(JOHN 10:10)



Weekly newsletter
Friday 6th September 2024

Dear parents and carers,

Welcome back to Emmanuel for the academic year 2024–2025, and what an exciting and productive year it promises to be! A bit welcome also to all our new children and families in the school; we hope you feel at home already, and please approach a member of staff if there is anything you need.

Regular Giving

One amazing thing you can do this week to start this year with a bang is to sign up to the Regular Giving Programme. Hopefully you will have seen the letter on ParentHub about it today. Even if you gave back to the school what you save on school lunches with the universal free school meals, this would equate to £585 per year per child, and £138,000 if everyone gave this amount! It really does make such a difference and will ensure that we can maintain our current levels of classroom support and specialist teaching.

ParentHub

Don't forget to sign up to ParentHub, as it is our main source of communication. Just download the ParentHub app (the symbol looks like this:  and search for our handle @Emmanuel.

Mthr Helen's Licensing

I was lucky enough to attend Mthr Helen's licensing as the Priest-in-Charge of St. James and St. Peter's in Islington, along with a lot of Emmanuel Churchgoers and Emmanuel parents. It was a very joyous occasion, and although we will miss her very much, it was plain to see how much she'd had an impact on the congregation and the community already. Picture without her in it as she was too busy greeting other guests!

Clubs

Clubs start next week Monday 9th September.

Wishing you a lovely weekend,

The Emmanuel Team



[Diary Dates](#) – click here for our school calendar

Here is a list of important dates for the Summer Term:

Key:

	PFE events
	In-school events to which parents are invited
	Dates to note

Date	Event	Year group	Location
Monday 9 th September 3.30-4.00	Meet the Teacher	Year 2	Year 2 classroom
Tuesday 10 th September 3.30-4.00	Meet the Teacher	Year 4	Year 4 classroom
Wednesday 11 th September 3.30-4.00	Meet the Teacher	Year 3	Year 3 classroom
Thursday 12 th September 3.30-4.00	Meet the Teacher	Year 1/Year 6	Year 1/6 classroom
Friday 13 th September 3.30-4.00	Meet the Teacher	Year 5	Year 5 classroom
Tuesday 17 th September 3.30-4.00	Meet the Teacher	Reception	Reception classroom
Wednesday 18 th September 3.30-4.00	Meet the Teacher	Nursery	Nursery classroom
Thursday 19 th September 9-11am	Brass starts	Years 5 and 6	School hall
Thursday 19 th September 7.30pm	Welcome drinks (adults only)	All	The Black Lion
Friday 27 th September 9.15am	Open Classroom	Year 6	Year 6 classroom
Friday 27 th September 2pm	PFE tea concert	Some children	School hall
Friday 4 th October 9.15am	Open Classroom	Year 5	Year 5 classroom
Monday 7 th October 9am	Individual photos	Years 1-6	
Friday 11 th October 9.15am	Open Classroom	Year 4	Year 4 classroom
Monday 14 th October 9am	EYFS individual and whole school sibling photos		
Friday 18 th October 9.15am	Open Classroom	Year 3	Year 3 classroom
Friday 25 th October 9.15am	Open Classroom	Year 2	Year 2 classroom
wb Monday 28 th October	Half term		
wb Monday 4 th November	Bikeability	Year 6	MUGA
Wednesday 6 th November	Nasal vaccine	Rec – Year 6	The Brainbox
Thursday 7 th November 7.30pm	PFE Quiz Night (adults only)	All	School hall
Friday 8 th November 9.15am	Open Classroom	Year 1	Year 1 classroom
wb Monday 11 th November	Bikeability	Year 5	MUGA
Wednesday 27 th November 3.30 – 6pm	Parent Consultations	All	School hall
Friday 29 th November	INSET Day	All	
Monday 2 nd December	St Andrew's Day – wear blue	St. Andrew's House	
Tuesday 3 rd December 3.30 – 6pm	Parent Consultations	All	School hall
Thursday 5 th December 2.15pm	Brass Concert	Year 5 and 6	School hall
Friday 6 th December 2pm	Christmas Panto	All	School hall
Saturday 7 th December 1 – 5pm	PFE Christmas Fayre	All	MUGA
Monday 9 th December 3.30pm	Christingle Service	Rec – Year 6	Emmanuel Church
Thursday 12 th December	Christmas jumper day	All	
Thursday 12 th December 2pm	EYFS Christmas Show	Nursery and Reception	School hall
Friday 13 th December	Christmas Lunch	All	
Wednesday 18 th December 2pm	Nativity performance	Year 1 and Year 2	School hall
Thursday 19 th December 10am	Nativity performance	Year 1 and Year 2	School hall
Friday 20 th December 12.30pm	Last day of term	All	

*Please note that some trips will be added over the course of the term



Emmanuel Church Presents
AN AFTERNOON OF JAZZ FROM
**SEAN FYFE
TRIO**

**SUNDAY 15 SEPTEMBER
5PM**

Emmanuel Church,
Lyncroft Gardens, NW6 1JU
tickets £10 email for concessions



*All profits will go towards the ministry of Emmanuel, West Hampstead. Refreshments will be served during the interval.
Children Welcome**

One of the busiest pianists in London, Sean is a presence on the piano that is virtuosic and tasteful. Drawing on the hard-bop era of jazz, he has developed a unique style. The afternoon will feature music from Sean's newest release, "Stepping Stones",

**Children must be accompanied by an adult at all times during the performance*



Click below to buy tickets:

<https://givealittle.co/c/5nHG6Mln5OBWTS4n4b8IVg>



Mental Health Support Team (MHST) Webinar Series for Parents/Carers of Primary School aged Children and Secondary School aged Young People

The MHST are pleased to offer parents/carers a series of workshops to support their children's well-being. This year we now have 10 topics in total with workshops being offered from September to June 2025.

Webinars that are for both Parents/Carers of Primary and Secondary aged children and young people

- Parent Self Care
- Therapeutic conversations with your child and young person
- Sleep
- Screen Time
- Sibling relationships

Webinars for Parents/Carers of Primary aged children

- Parent-child interactions
- Managing routines
- Supporting Childhood worries

Webinars for Parents/Carers of Secondary aged Young People

- Anxiety in Adolescence
- Understanding Adolescent Development

Each workshop will last up to 60 minutes and have an optional follow-up of 30 minutes for parents/carers to ask questions or discuss the topic further. Parents and carers can opt in for all topics, or whichever most appeals to them.

To find out more information about each workshop and to sign up for free, please follow Eventbrite link:

<https://www.eventbrite.co.uk/e/mhst-parent-and-carer-online-workshop-series-2024-2025-tickets-1008208567967>

Or please scan the QR code using your mobile phone's camera:



Please see the list of workshops, date, times below.

With many thanks,

Camden Mental Health Support Team (MHST)

1. Parent Self-Care

During this webinar we will focus on how to look after ourselves as parents and set time a side for self-care. We will focus on different strategies and methods that will help you to take more care of yourself. We will discuss and explain a range of tips that will help you to put more quality time for yourself in a day.

Intended parent/carers audience: primary and secondary schools

Tuesday 24th September, 12.00-13.00

Q and A: 13.00 to 13.30

2. Parent/Child Interactions

How do you spend time with your child? The aim of this webinar is for you as parents and carers to find out more about what makes positive parent/child interactions and how to promote, maintain and increase positive connections with your child. A secure and positive relationship has a positive effect on children's physical health (e.g., helping brain development), emotional well-being (e.g., view of self, others and the world) and behaviour (e.g., positive behaviours more likely to follow). This webinar will help you improve your relationship with your child.

Intended parent/carer audience: primary schools

Tuesday 22nd October, 12.00-13.00

Q and A: 13.00 to 13.30

3. Managing Routines

Consistent routines that are developmentally appropriate can promote your child's independence and help with overall family functioning - not to mention making that morning routine that little bit easier! In this webinar we will be talking about to introduce and maintain routines for all family members.

Intended parent/carer audience: primary schools

Tuesday 28th January, 12.00-13.00

Q and A: 13.00 to 13.30

4. Sleep

How does your child sleep? Why is sleep so important for children and young people? Having problems with sleep is very common. Approximately 1 in 5 adults have some difficulty with sleep. This webinar will help you understand more about how you can support your child to improve his/her sleep and well-being.

Intended parent/carer audience: primary and secondary schools

Tuesday 17th December, 12.00-13.00

Q and A: 13.00 to 13.30

5. Screen-time

Screen Time – perhaps a challenge for all parents of this technological age? In this Webinar we hope to provide you with up-to-date research as well as explore why this topic can be so emotive for families alongside some helpful ideas parents might wish to try out.

Intended parent/carer audience: primary and secondary schools

Tuesday 26th November AM&PM

12.00-13.00, Q and A: 13.00 to 13.30

or

18.30-19.30, Q and A: 19.30 to 20.00

6. Understanding Adolescent Development

Adolescence is a time of great change. Young People at this stage of life are going through physical, hormonal, emotional, relational as well as psychological change. This Webinar aims to provide a brief overview of these key changes so that Parents/Carers feel better equipped to make sense of and support their young person's development.

Intended parent/carer audience: secondary schools

Tuesday 25th February, 12.00-13.00

Q and A: 13.00 to 13.30

7. Having therapeutic conversations with your child

How to have therapeutic conversations with your child? Having open, thoughtful and caring conversations with your child can be very beneficial for a child's emotional well-being and their social problem-solving skills. Join us for this Webinar to learn some top tips for having these important conversations with your child.

Intended parent/carer audience: primary and secondary schools

Tuesday 25th March AM & PM

12.00-13.00, Q and A: 13.00 to 13.30

or

18.30-19.30, Q and A: 19.30 to 20.00

8. Supporting Childhood Worries

What is worry? What do children worry about? Why? The aim of this webinar is to help you as parents and carers understand more about the different worries children typically have and to learn some strategies for managing your child's worries (e.g., facing anxiety-provoking situations, problem solving, refocusing attention and relaxation/mindfulness techniques). This webinar will help you if you find yourself struggling to manage your child's worries.

Intended parent/carer audience: primary & Secondary schools

Tuesday 20th May, 12.00-13.00

Q and A: 13.00 to 13.30

9. Anxiety in Adolescence

What is anxiety? What are young people worried about at the moment? Teenagers are often more reluctant to talk about and work on their anxiety as this can make them feel embarrassed or self-conscious. The aim of this webinar is to help you as parents and carers to learn more about the different types of anxiety typically experienced by teenagers. This webinar will help you understand how to support your teenager in overcoming worry and anxiety.

Intended parent/carer audience: secondary schools

Tuesday 24th June

12.00-13.00, Q and A: 13.00 to 13.30

10. Sibling Relationships

The relationship between siblings is a big part of the children's learning and development. Siblings grow up in the same environment, they share same parents, same memories and similar experiences. The sibling relationship is going to last longer than any other ones and it plays an integral part in the families' lives. Join us for this Webinar if you want to know more about how the sibling relationship has an impact on the child's learning and development.

Intended parent/carer audience: primary and secondary schools

Tuesday 29th April, 12.00-13.00

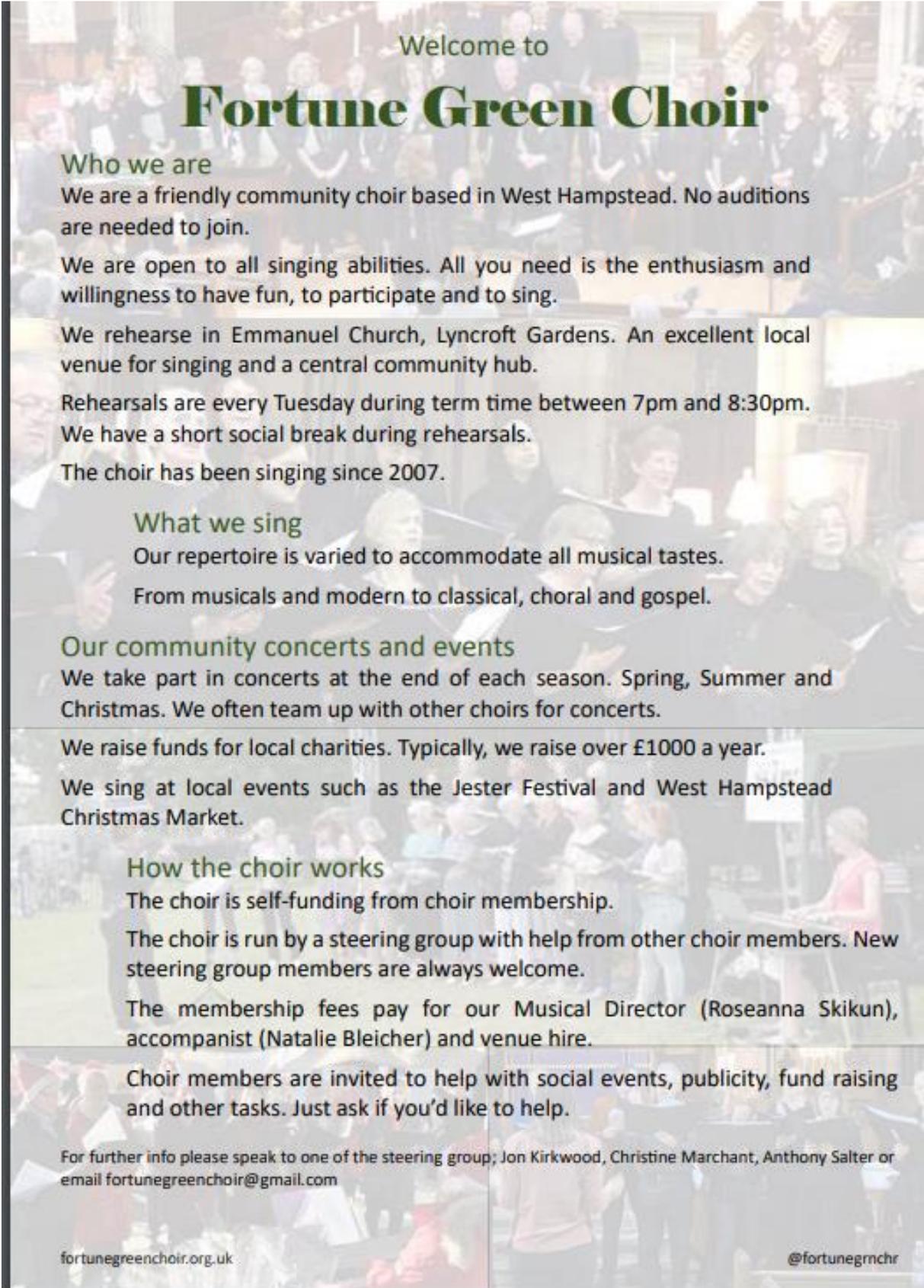
Q and A: 13.00 to 13.30

School visionaries

Congratulations to these children for showing our school vision and values this week:
From Alpha to Omega - life in all its fullness. (John 10:10)

Troy and Leah in Year 1
Aurora and Zach in Year 2
Alex and Dias in Year 3
Thomas and Emma in Year 4
Labeeba and Noah in Year 5
Lara and Cody and Year 6





Welcome to

Fortune Green Choir

Who we are

We are a friendly community choir based in West Hampstead. No auditions are needed to join.

We are open to all singing abilities. All you need is the enthusiasm and willingness to have fun, to participate and to sing.

We rehearse in Emmanuel Church, Lyncroft Gardens. An excellent local venue for singing and a central community hub.

Rehearsals are every Tuesday during term time between 7pm and 8:30pm. We have a short social break during rehearsals.

The choir has been singing since 2007.

What we sing

Our repertoire is varied to accommodate all musical tastes.

From musicals and modern to classical, choral and gospel.

Our community concerts and events

We take part in concerts at the end of each season. Spring, Summer and Christmas. We often team up with other choirs for concerts.

We raise funds for local charities. Typically, we raise over £1000 a year.

We sing at local events such as the Jester Festival and West Hampstead Christmas Market.

How the choir works

The choir is self-funding from choir membership.

The choir is run by a steering group with help from other choir members. New steering group members are always welcome.

The membership fees pay for our Musical Director (Roseanna Skikun), accompanist (Natalie Bleicher) and venue hire.

Choir members are invited to help with social events, publicity, fund raising and other tasks. Just ask if you'd like to help.

For further info please speak to one of the steering group; Jon Kirkwood, Christine Marchant, Anthony Salter or email fortunegreenchoir@gmail.com

fortunegreenchoir.org.uk

@fortunegrnchr