

FROM ALPHA TO OMEGA



Weekly newsletter
Friday 7th November 2025

Dear Parents and Carers,

What a great first week back it's been after half term!

Year 1 Open Classroom

Year 1 wowed their parents with a brilliant Open Classroom, showing off all the learning they've been doing so far this year. Thank you to all the parents who joined us, and of course to Ms Siraj, Miss Meikle and Miss Ahmed for all their hard work and dedication.

Anti-Bullying Week - 'Power for Good'

Next week, we will be celebrating Anti-Bullying Week and joining in with the 'Power for Good' campaign. We will launch the week with **Odd Socks Day** (on **Monday 10th November**) where we ask that all children and staff wear odd socks to school to have a bit of fun but with the serious message behind it: **'let's pull on odd socks to show we're ALL unique and different, and let's be kind to each other and respect each other's individuality.'** Children should **continue to wear uniform that day**. This is not one of our fundraising days, so they **do not need to bring a donation**.

During the week, every class will have PSHE lessons dedicated to how we can use our 'superhero powers' to be kind and help each other to ensure bullying doesn't happen; understanding what bullying means; and what to do if a child thinks they are being bullied or if it is happening to somebody else. Our Wellbeing Champions will also be leading a Collective Worship on the different roles played by individuals in bullying situations and how everyone has the power to prevent it from happening.

For more information, please find attached an information pack for parents and carers from the Anti-Bullying Alliance. Please encourage your child to get involved, ask questions, explain to you what they have learnt next week and what they understand about bullying. If you would like to get more advice information on how we prevent bullying in school and speak to somebody about how to support your child, please don't hesitate to contact your child's teacher or Mrs Watkins, our school ELSA, at wellbeing@emmanuel.camden.sch.uk.

Clubs Spring 2026

The [club timetable and flyers](#) for the Spring Term are now on the website. Booking isn't open yet but you may want to take the time to look at next term's club offer so you can decide what you would like to sign your children up for when the time comes.

Arbor

We have moved to a school management system which has parents' evening, trip and club booking software. It's an exciting change that should have the dual benefit of streamlining the administrative process for the school office and improving the user experience at your end.

You will have received an email from Arbor this evening (check your junk) with your login details, inviting you to set up an account. This is the first and most crucial stage of the process. Your invite email will be sent to the email address we currently have on file for all of you as guardians, so if you have changed yours, please do let us know asap.

Setting up your account and logging in for the first time is fairly intuitive and self-explanatory, however if you need to troubleshoot or need more information please visit this how-to-guide support.arbor-education.com/hc/en-us/articles/360020147458-Log-into-the-Parent-Portal-and-the-Parent-App#what-is-the-arbor-app--0-1 or contact the school office.

Once you have set up your account on their website, you will then have the option of accessing your children's Arbor profiles via the app or on your desktop online, in order to book available clubs, trips and parents evening slots at the appropriate times.

It's important to stress that this will be our core booking software going forward, so if you don't have access, you won't be able to book clubs, trips or parents evening slots for your children.

Any questions please do contact us on admin@emmanuel.camden.sch.uk.

Wishing you all a lovely weekend,

The Emmanuel Team

[Diary Dates](#) – click here for our school calendar

Here is a list of important dates for the Autumn Term 2025:

Key:

	PFE events
	In-school events to which parents are invited
	Dates to note

Date	Event	Year group	Location
Wb Monday 10 th November	Anti-Bullying Week	All	
Wb Monday 10 th November	Bikeability	Year 5	MUGA
Monday 10 th November	Odd Socks Day	All	
Tuesday 11 th November	Armistice Day Service	Year 4	Hampstead Cemetery
Tuesday 11 th November 4 – 5.30pm	CSSA Football	Football squad	Castlehaven
Wednesday 12 th November	Trip	Year 6	Autograph
Thursday 13 th November	Trip	Year 3	Kew Gardens
Monday 17 th November 9 – 9.45am	Primary Maths Challenge	Some Y5 & 6s	Hall
Monday 17 th November 10am – 3pm	Trip	Year 5	IMAX
Tuesday 25 th November 4 – 5pm	CSSA Football	Football squad	Castlehaven
Wednesday 26 th November 3-6pm	Parent Consultations	All	School hall
Friday 28 th November	INSET Day	All	
Monday 1 st December	St. Andrew's Day celebration	St. Andrew's House	
Tuesday 2 nd December 2pm	Christmas Pantomime	All	School hall
Tuesday 2 nd December 5.30 – 6pm	CSSA Football	Football squad	Castlehaven
Wednesday 3 rd December 3-6pm	Parent Consultations	All	School hall
Thursday 4 th December	Brass Concert	Year 5 and 6	School hall
Friday 5 th December	Trip (Space workshop)	Year 5	Natural History Museum
Saturday 6 th December 2-6pm	Christmas Fayre	All	
Monday 8 th December 3.30-4.30	Christingle Service	Year 1 – Year 6	Emmanuel Church
Tuesday 9 th December 4 – 5.30pm	CSSA Football	Football squad	Castlehaven
Wednesday 10 th December	Trip	Year 4	National Portrait Gallery
Thursday 11 th December	EYFS Christmas Show	Nursery and Reception	School hall
Friday 12 th December	Christmas Jumper Day	All	
Friday 12 th December	Christmas lunch	All	
Monday 15 th December 1 – 3pm	Football tournament	Development squad (Some Y5 and 6s)	MUGA
Wednesday 17 th December 10am & 2pm	Nativity	Year 1 and 2	School hall
Friday 19 th December 12.30pm	End of term	All	

*Please note that some trips and events will be added over the course of the term

School visionaries

Congratulations to these children for showing our school vision and values this week:

From Alpha to Omega - life in all its fullness. (John 10:10)



Nursery: Amaya and Theo
Reception: Edris and Naya
Year 1: Bianca and Riyad
Year 2: Max and Ewan
Year 3: Zachary and Olive
Year 4: Bryson and Leon
Year 5: Emma and Isla
Year 6: Ella and Arua

FROM ALPHA TO OMEGA



'Life in all its fullness'

(JOHN 10:10)



Volunteer for C4WS Night Shelter

Emmanuel Church will be participating in Season 22 of the C4WS Night Shelter, and we need your help to ensure its success. The shelter is emergency accommodation that offers guests a 28-day stay and a caseworker who will provide holistic welfare support. Whilst in the shelter, guests have access to support pertaining to employment, education, immigration and can attend weekly English classes. Since 2006, the Winter Shelter has been hosted in rotation by supporting churches. Members of the community volunteer their time to cook and provide companionship to guests. Every effort is made to make guests feel comfortable and at home. We very much hope that you'll want to sign up this season to support a worthy activity! For those of you who aren't already familiar with C4WS, you can read more about their vital service here:

<https://c4wshomelessproject.org/winter-night-shelter-1>.

This year, we'll be hosting guests on Tuesday nights from 4 November 2025 to 13 January 2026.

The volunteer slots are now available for you to sign up for on SignUp.Com using the QR Code or by following this link: <https://signup.com/go/QemCcnU>. **Please feel free to share this information to anyone else you know in the community you think may be interested in supporting the Night Shelter.**

There are several jobs/timeslots for which you can volunteer:

- **Providing a light welcome snack:** Provide a light snack (crisps, fruits, cheeses, etc) to welcome guests when they arrive.
- **Cooking the evening meal and/or dessert** (This can be done at home and brought in during the day, or it can be cooked at Emmanuel in time for the meal at 8ish. Please be aware if you plan to cook at Emmanuel that we have 4 hobs and one oven and a limited supply of cooking equipment....) We generally have about 15-20 guests and volunteers each evening.
- **Set up beds/the dinner area in the Wood room** 5.45pm - 7.00pm
- **Dinner service** 6.45pm-9.00pm serving the guests and volunteers, washing up, socialising
- **Overnight** 9pm - 7am keeping an eye on everyone, being available to chat if needed, making sure no one leaves for a smoke after 11. No requirement on staying awake!
- **Morning shift** 7am- 9am Set up breakfast (we'll source from West End Lane shops), eat breakfast with guests, help strip beds and fold beds, put laundry together to be collected by laundry services, do breakfast washing up. Hand over logbook to C4WS staff.





VOLUNTEER HERE

to welcome homeless guests

**Emmanuel Church becomes a Night Shelter
every Tuesday evening from
04 Nov-13 Jan.**

Sign up to cook or serve a meal, set up beds,
welcome our guests, or stay the night, or come on
Wednesday mornings to serve breakfast and clear up.

**Scan to sign up
or find out
more!**



emmanuelnw6nightshelter@gmail.com
Lyncroft Gardens, NW6 1JU



EMOTION COACHING

This is a two-part workshop; both sessions need to be attended

The workshop is interactive, a mixture of discussion, reflection & presentation

The workshop aims to support parent/carers to understand and validate their child's emotions, respond more helpfully during moments of heightened emotions, and implement appropriate boundary setting



Sign up with the QR code below:



Thursday 4th & 11th December,
12.00 to 2.00pm,
Tavistock & Portman Trust,
120 Belsize Lane, NW3 5BA





Supporting Mental Health and Wellbeing in our school community

At Emmanuel, we have long-established Wellbeing and Mental Health provision to support our children and their parents/carers across the school. On our school website (within Parents and carers/Pupil Wellbeing) you will find more information and links to helpful support services.



ELSA (Emotional Literacy Support Assistant) support

Mrs Watkins provides one to one or group support to children across the school and our parent and carers can email wellbeing@emmanuel.camden.sch.uk if they would like to discuss any concerns about their children's emotions and mental health and wellbeing needs.



Let's Talk

If a child has a worry or finding something difficult, they can talk to any adult in the school, or they can put notes in the class worry boxes or pupils can talk to Mrs Watkins in the Bubble room at **lunch times** next to the playground. Parents and carers can encourage children to do this as part of your conversations at home.

Peer to peer support: Wellbeing Champions

We always hope and expect that all our children at Emmanuel care and support each other when their peers need help but to foster this further we have a team of Wellbeing Champions from Years 5 and 6. They are responsible for helping to promote positive wellbeing across the school, in the playground and through class lessons, Collective Worships and events during the year. They are: **Zoe, Angelica, Dhilan, Ava, Ella and Thehan**. They have received training from Mrs Watkins and the Camden MH team.



Camden Mental Health Support Team (MHST): Victoria O'Mard, our School Practitioner

To help widen our ability to support pupils and parents/carers, we have established a support network with the Tavistock's Camden Mental Health Support Team. Victoria is our school practitioner and works with Mrs Watkins to see how we can best help our pupils and parents/carers – this can be through parent-led support interventions, individual or group pupil interventions (such as for anxiety or secondary school transitions), whole class interventions or parent webinars and workshops – as shared in this newsletter). For further information, please speak to Mrs Watkins.



PSHE and class lessons on the Zones of Regulation

All children receive lessons focussed on mental health and wellbeing as part of their PSHE curriculum throughout the year. In particular, from Nursery to Year 6, the children receive lessons on the Zones of Regulation which is our school-wide framework for helping children recognise and manage/regulate their emotions.

Parent/carer workshops

During the year, we will be inviting parents and carers to attend workshops that are led by members of these teams or the Camden team. These are delivered via Zoom or face to face. More news to come.

If you would like to talk about any concerns about your child's mental health and wellbeing, please contact Mrs Watkins at wellbeing@emmanuel.camden.sch.uk.

Hosted by



Haverstock
School

Spotlight on Autism

Wednesday 26th November
10:30am – 12:00pm

Hear from a panel of specialists and those with a lived experience of autism.

Ask Your Questions

Share or submit your questions in advance for the panel to discuss.

For Parents & Carers

Open to all parents and carers of autistic young people - come to connect, to learn, and to be inspired.

**For more information or to
submit a question, contact:**
haverstockSEND@H3federation.org.uk