



EMMANUEL CHURCH OF ENGLAND SCHOOL
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Friday 24th April 2020

My Dearest Nursery Class,

I hope you all had a beautiful Easter break, enjoyed the sunshine and, against the odds, stayed positive and kept smiling. I hope you had the chance to go outside to your garden or for a little walk and admire



the beautiful trees blossoming and spring flowers appearing everywhere. It seems like overnight my garden has transformed into unbelievable colonies of bluebells and forget-me-nots. They are everywhere! And they are beautiful! So I spent lots of time outside, working, gardening, reading or simply enjoying the sun. With my family, we love having picnics in our

garden and definitely enjoyed far too many chocolate eggs. I heard from some of you about your Easter egg hunts and was very impressed that you even had clues and maps! Thank you for your emails, cards and photos. Ms Lubert forwards them all to me and receiving them brings a big smile on my face, with a little tear of sadness. I miss you terribly and I truly can't wait to see your bubbly faces and hear all your stories in person. I know these last few weeks haven't been easy but I want you to know that I am proud of you and I know that each day makes you stronger and better and more loving. I believe in you.

I spent this week at school working with the children of our key workers. It was lovely to be back and see some of my friends and colleagues and have a chat and laugh with them. It didn't feel the same without you but it was great to be able to leave the house and be with our Emmanuel family.

Overindulgence over Easter means I need to do more activities and exercise, especially since the weather has blessed us with lots of sun - so there is no excuse! With my daughter, we take yoga mats outside and do lots of stretches and other workout routines. She is a brilliant dancer and helplessly tries to teach me some dance routines. I am not that great but I definitely give it a go. With my son, we go for long bike rides and look for new routes each time. After doing 20 kilometers one day, I definitely felt it in my legs and my bum was hurting too! Hee hee! With the children at school, we did Joe Wicks PE every morning and we loved supporting and encouraging each other when things got a bit hard. I also became friends once more with my running shoes and even took them outside with me one day for a small jog! It is not always easy but it is always worth it. So get up every morning and tell yourself "I CAN DO IT!"



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I've received great feedback on the activities you've been working on in the home learning pack. In Phonics, you will have learnt some new sounds and started blending new words. Ask your parents to find Geraldine the Giraffe on YouTube to help you with Phonics. For your parents, I also found lots of really good information on Ruth Miskin's website - www.ruthmiskin.com. Click on 'Help during School Closure' and there is lots of great support there. If you scroll down you can click on the YouTube speed sound lesson schedule for set 1, 2 and 3 sounds. They also offer story-time with Nick and I loved listening to him recite, 'The Monster Under Your Bed,' by Claire Bevan. Don't forget there is lots of games on www.phonicsplay.co.uk. I look forward to seeing some of the new skills you've learnt.

I will upload more fun activities for you to do next week on our school website. I hope you have fun completing them. Don't forget to send me any photos of your learning so I can keep up to date with how you're progressing.

I am sure you spend lots of time reading or listening to stories. My recent favourite story is "Hug Me" by Simona Ciraolo. Ever feel like you need a hug, a really big hug from someone? That's how Felipe the young cactus feels, but his family just isn't the touchy-feely kind. My children and I absolutely fell in love with this story and its illustrations; and I am sure we will be returning to it again.

Axel Scheffler has illustrated a digital book for primary school age children, free for anyone to read on screen or print out. It's about the coronavirus and the measures taken to control it. Do have a read by clicking on the link below: <https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler>

Finally, there are two things to look forward to next week: Firstly, I will be giving you and your family a telephone call once a week to say a quick, "hello". I'm really looking forward to speaking to you all!

Secondly, I'm going to hold a 'class catch-up' once a week on Zoom, which some of your parents and carers may be using for their work. It allows you to see and speak to other people at the same time and when you use it, you will be able to see your class mates at once! Your parents/carers will be sent an email with the day and time of our catch-up. Make sure you read the pupil guide that has been made with some top tips for you to remember when using Zoom.

Dream, believe, wonder, inspire, love, nurture, and always listen.

Miss you all so much!

Ms Przybylska



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Remember, if you are feeling worried or need to talk to someone while school is closed, you can talk to a trusted adult at home or you can drop Mrs Watkins an email at wellbeing@emmanuel.camden.sch.uk

Childline also have lots of information that you might find useful. Click on the links below.

- information about [Coronavirus](#)
- [Calm Zone](#) - activities to help let go of stress
- [games](#) to help take your mind off things
- [Childline Kids](#) a website for under 12s.

Childline can also give confidential help and advice. Calls to 0800 1111 are free or children can [get support online](#)