

Weekly newsletter
Friday 12th November 2021

Dear Parents and Carers,

Lest we forget

This week, the children have been reflecting on the importance of Remembrance Day and yesterday, children in years 5 and 6 represented our school at a Remembrance Day service with other local schools at Fortune Green cemetery.



Odd socks day

On Monday, we are looking forward to celebrating the start of 'Anti-Bullying Week' by everyone wearing odd socks with their school uniform. Whilst having fun, we hope this will remind the children that we are all different and unique and this is something to be proud of!

Parent governor election

Six candidates have come forward for the parent governor vacancy and there will therefore be an election where all parents and carers can vote for their preferred candidate. More information will be sent home with the children on Tuesday, alongside the ballot paper, and the vote will be open between Wednesday 17th and Wednesday 24th November.

Vision and values working group

One of the targets on our school development plan this year is to evaluate our school's vision and values to ensure they are at the heart of all we do. I am in the process of forming a small working group, which will consist of members of staff, governors and parents and they will be tasked with engaging in reading, discussion and making a proposal to the school's governing body.

If you are interested in being part of the working group, please email the office with the subject line: 'Vision and values working group'. I am keen for the committee to reflect the diversity of our school community and would therefore welcome interest from parents of different races, religions, ethnicities and types of families.

Phonics Parent Workshop

On Friday 19th November at 10am, Ms Przybylska will deliver a virtual parent workshop all about phonics; outlining what phonics is, how it helps your child with their early reading and writing and providing a range of resources you can use to support your child at home. Whilst this workshop is aimed at Reception parents and carers, all parents are welcome to attend. Please contact the school office and they will send you the 'Zoom' link for the meeting.

Wishing you and your family a lovely weekend.

Miss Burns and the Emmanuel team

After School Pickup

This is a gentle reminder that if your child is being collected by another parent or adult, please can you inform the office in good time so that the message can be relayed to the relevant member of staff. We cannot release the children to another adult (even if they are known to the school) without your confirmation. Thank you for your cooperation in this matter.

KS2 GIRLS & BOYS FOOTBALL CSSA FOOTBALL LEAGUE

On Tuesday night our KS2 girls & boys Football Teams played their first fixtures in this year's CSSA Football League. Both teams got off to a very positive start with the boys winning two matches and the girls drawing two. Both teams lost one match each. Hopefully our performances in these first matches will give us plenty to build on for our up-coming fixtures. The boys are currently sitting in 2nd place in their league and girls in a very comfortable 4th spot. Our next fixtures will be on the 23rd of November where we play against Kingsgate and New End Primary Schools.

Diary Dates

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week
Odd Socks Day (Anti-bullying week)	Wear PE kit to school – Years 1-6	Parent Governor Election	Parent Governor Election	Parent Governor Election
				10am Phonics Parent Workshop
22	23	24	25	26
Parent Governor Election	Parent Governor Election	Parent Governor Election	Year 6 Swimming	INSET Day – Children not in school
Year 6 Swimming	Year 6 Swimming	Year 6 Swimming		
	Wear PE kit to school – Years 1-6			

Aspire Award Winners

Congratulations to the following children in each class, who have worked really hard this week to show our school's Christian and learning values.

1Z	Christian	Xue Yi	Peace	Well done putting your hand up when you would like to speak. You have been learning to use the right voice levels!
	Learning	Aida	Partnership	Well done for working so well with your partner on the carpet and on tables. You have been showing great teamwork!
2W	Christian	Ida	Support	For always being so diligent around the classroom and noticing when little jobs need to be done to help a smooth running of our day.
	Learning	Oscar	Engagement	For his huge improvement in his reading and contribution in guided reading lessons. Well done!
3C	Christian	Benjamin S	Inclusion	You have been a great learning partner to all your classmates, engaging with everyone throughout our learning.
	Learning	Isla	Ambitious	Throughout all of your work you are ambitious and challenge yourself in all you do, using all of the new writing features we have been learning about in Year 3!
4R	Christian	Peace	Leyla	You have really shown kindness, friendship and peace to your class friends this week. Well done Leyla and keep it up!
	Learning	Independence	Giorgio	You have an excellent work ethic at all times Giorgio. You are always engaged and ready to offer well thought through explanations. Well done!
5G	Christian	Dylan	Respect	For being consistently respectful to those around him. Well done for being a fantastic role model!
	Learning	Susannah	Engagement	For her excellent attitude to learning. Susannah always contributes insightfully to class discussions and completes tasks conscientiously. Well done!
6W	Christian	Kieran	Affection	For always having such lovely things to say about his classmates.
	Learning	Independence	Zara	For her fantastic work on fractions this week!



12 NOVEMBER 2021

PFE HAPPENINGS



TICKETS ON SALE NOW!

TIME FOR★
THE **BIG**
CHRISTMAS
RAFFLE★

FIRST PRIZE: AN IPAD!

Tickets on Classlist
Prize Draw: December 4



Generously sponsored by:

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· WEST HAMPSTEAD ·

**50p/
ticket**



**PLAY TO WIN AN IPAD OR AMAZING
FAMILY HAMPERS VALUED AT £150+!**

CHRISTMAS FAIR CALL FOR VOLUNTEERS

Because our Christmas Fair will be outside this year, we've amended it to run from 2 to 4 PM to wrap up before dark. We need volunteers for the various activities, as well as for our Christmas Market stall outside M&S earlier that day. You can sign up for your 30-minute slot next week on Classlist. And, if you want to get involved in the planning - there's still time... email emmanuelpfe.info@gmail.com today.

Anti-Bullying Week: One Kind Word

Whilst we all need to be aware of this all year round, Anti-Bullying Week provides the opportunity to raise awareness of what bullying behaviours may look like, encourage children to 'stand up and speak out' and recognise the serious impact that bullying can have on children.

What is bullying?

'Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online' (Anti-Bullying Alliance). We use the acronym developed by Kidscape, 'S.T.O.P.' to explain bullying to pupils - that it is 'Several Times On Purpose'.

What may be some of the signs that a child is being bullied?

- A reluctance to go to school or a club
- Unexplained tummy upsets or headaches
- Showing signs of distress on a Sunday night or at the end of school holidays
- Becoming either quiet or withdrawn, or playing up
- Torn clothes and missing belongings
- Seeming upset after using their phone, tablets, computers, etc
- Access a parent line for further information:
<https://www.kidscape.org.uk/advice/parent-advice-line/>

What shall I do if I think my child is being bullied, has seen it, is involved or actually doing the bullying?

- Speak to your child, ask them about friendships, playtimes or after school activities, etc. Ask if they understand what bullying is or what it makes people feel like. Provide reassurance if they disclose anything to you.
- Be aware of their online activity - check that the appropriate controls in place to protect them from harm online or through phone chat. Keep a record of any bullying messages and block users.
- Share your concerns with their teacher or contact our ELSA, Mrs Watkins (wellbeing@emmanuel.camden.sch.uk)
- Talk to your child about what they feel they can do if it happens. Encourage them to speak to their teacher or use the Let's Talk drop-in at lunch times or the worry box.
- Contact the Kidscape parent line for further information: <https://www.kidscape.org.uk/advice/parent-advice-line/>

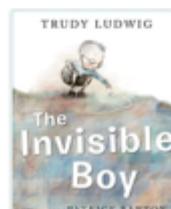
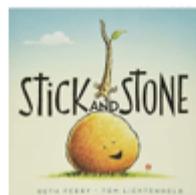
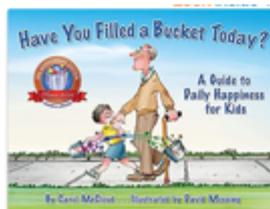
One Kind Word

This year the theme of Anti-Bullying Week is kindness. One kind word can provide a moment of hope, it can change someone's perspective, or even change their day. It can change the course of a conversation and break the cycle of bullying. One kind word leads to another. We will be talking in school about the 'ripple effect' - that kindness fuels kindness. In turn, kindness fuels happiness and positive wellbeing. Research shows that children need to hear from us that kindness is important, that they need daily opportunities to practise caring for others, and we need to encourage them to consider the perspective and struggles of others - to develop empathy.

Here are some ideas to encourage your child to show kindness to themselves as well as others:

- Smile at everyone they see
- Get enough sleep
- Play with someone new
- Help with a chore
- Write a thank you letter
- Hold the door open for someone
- Take some time out to relax
- Let a sibling go first
- Pick some toys to donate to charity
- Eat healthily and drink plenty of water
- Be brave and compliment themselves
- Teach someone something new

Some books about kindness:



Types of bullying:

- Physical
- Verbal (e.g. name calling)
- Emotional (e.g. exclusion from play, talking about children behind their back)
- Indirect (e.g. spreading rumours)
- Online (also known as cyberbullying e.g. gaming chat, social media or texting)